

Young Living R.C.®

Product Size: 15 ml

Item No. 32142

Formulated by Young Living Founder D. Gary Young, Young Living R.C.® essential oil blend contains three varieties of Eucalyptus to create a refreshing and invigorating breathing experience. This proprietary blend also features Peppermint essential oil, known for its cooling sensation due to its menthol content.

Expertly blended with a touch of Spruce, Cypress, Myrtle, Marjoram, Pine, and Lavender, it offers an energising aroma that renews and revitalises your senses – an uplifting scent inspired by nature, delivering an earthy kick. Apply this reinvigorating and rich blend to your chest, pulse points and neckline during a high-intensity workout for an instant dose of freshness. During winter, breathe in the fresh notes. Or you may like to add a few drops of this exotic blend into coconut oil for an easy massage.



Benefits and Features

- Provides a refreshing breathing experience.
- Creates an invigorating experience when added to a bath or shower.
- Great for use during the cold-weather season.
- Provides the soothing and cooling effect of menthol.

Suggested Use

- Add 1-3 drops to Young Living V-6® Enhanced Vegetable Oil Complex and rub it into your chest and back of your neck to promote the sensation of deeper breathing.
- Gently inhale to experience the relaxing aroma in any stuffy environment.
- Dilute with Young Living V-6® and use as part of a foot or back massage after your workout, outdoor adventure, or yoga practice.
- Brighten your outlook during early morning errands by applying Young Living R.C.® to your chest and wrists.

Cautions

Keep out of reach of children. For external use only. Keep away from eyes and mucous membranes. If you are pregnant, nursing, taking medication or have a medical condition, consult a health care professional prior to use. Not intended for use on infants.

Directions

Apply to desired area. In case of sensitivity, dilute 15 drops in 10 ml of Young Living V-6®.

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Ingredients

Eucalyptus globulus* leaf oil, Myrtus communis* (Myrtle) oil, Pinus sylvestris* (Pine) leaf oil, Origanum majorana* (Marjoram) leaf oil, Eucalyptus radiata* leaf oil, Eucalyptus citriodora* oil, Lavandula angustifolia* (Lavender) oil, Cupressus sempervirens* (Cypress) leaf/nut/stem oil, Picea mariana* (Black Spruce) leaf oil, Mentha piperita* (Peppermint) oil.

May contain: Citral**, Citronello**, Coumarin**, Eugenol**, Geraniol**, Limonene**, Linalool**.

* Premium essential oil.

** Natural constituents of essential oils.

