Vetiver

Product Size 5 ml

Item No. 33355

Vetiver essential oil's aroma is earthy, eclectic, and exotic. It originates from a perennial grass native to the tropical regions in Asia. Because Vetiver is steam distilled from the plant's root, the oil has a smoky, woody scent. It was used in ancient times, and the oil's popularity still exists as a key ingredient in cologne, fragrances, soaps, and moisturisers.

Empower your body, mind, and soul by adding a few drops into your body wash for a grounding infusion, starting your day the right way. You can also add it to your skin care to support the appearance of an even skin tone.

Benefits and Features

- Has an earthy, balancing aroma.
- Aromatic features promote a focused environment and a relaxing atmosphere.
- Use as part of your bedtime routine to create a calming ambience.
- Supports the appearance of an even skin tone when added to skin care products.
- Includes the naturally occurring constituents isovalencenol, khusimol, and beta-vetivone.
- Featured in Lady Sclareol and Peace & Calming II.

Suggested Use

- Dilute with Young Living V-6® Enhanced Vegetable Oil Complex and massage into the skin for a dual benefit: an earthy, grounding aroma and the appearance of an even skin tone.
- Add 6-8 drops into a hot bath for a relaxing, calming aroma as part of your bedtime routine.
- Combine Young Living V-6[®], 3 drops of Lavender, and 2 drops of Vetiver for a calming blend that's perfect for unwinding in the evening after a long day at work.
- Add a few drops into your body wash for a gently earthy aroma.





Product Background

Vetiver is a perennial bunchgrass from the Poaceae family and is native to India. The plant's roots can grow 7–10 feet long, and their deep, tangled webs help make the plant tolerant against drought and protect against soil erosion. The essential oil is extracted from the plant's root though steam distillation. Centuries ago, vetiver was a taxable commodity in India because of its unique value and benefits.



Directions

Apply to desired area. In case of sensitivity, dilute as needed in Young Living V-6 $^{\circ}$.

Cautions

Keep out of reach of children. For external use only. Avoid contact with eyes and mucous membranes. If you are pregnant, nursing, taking medication, or have a medical condition, consult a health care professional prior to use.

Ingredients

Vetiveria zizanoides* (Vetiver) root oil.

*100% pure essential oil.

