

Tsuga

Product Size 5 ml Item No. 39083



Tsuga essential oil offers skin-cleansing properties with a fresh evergreen aroma that can also be enjoyed during meditation or forest bathing rituals. Native to Eastern North America, tsuga is a conifer tree that has been used traditionally by the native North American tribes and early European settlers. Also known as eastern hemlock or Canadian hemlock, this tree reaches heights of 100 feet or more and has a documented lifespan of hundreds of years. Tsuga essential oil has a woody scent that is grounding and supportive. It also makes a great addition to meditative practices, soothes, and beautifies with its skin-cleansing properties. Steam distilled from the needles and twigs of the tree, it has a fresh evergreen aroma, reminiscent of the Japanese ritual of forest bathing.

Benefits and Features

- Has a fresh, evergreen aroma.
- Offers skin-cleansing benefits.
- Creates an experience reminiscent of forest breathing when inhaled.
- Enhances yoga, meditation, and spiritual practices with its grounding, woody scent.
- Contains the key constituents Alpha Pinene, Camphene, and Borneyl Acetate.

Suggested Use

- Apply topically during meditation or yoga for a grounding aroma that enhances your practice.
- Gently inhale its fresh evergreen aroma, reminiscent of the scents experienced when forest bathing.
- Apply topically to reduce the appearance of blemishes.

Directions

Apply to desired area. In case of sensitivity, dilute 15 drops in 10 ml of Young Living V-6®.

Storage

Keep in a cool, dark place.

Cautions

Keep out of reach of children. For external use only. Keep away from eyes and mucous membranes. If you are pregnant, nursing, taking medication, or have a medical condition, consult a health care professional prior to use.

Ingredients

Tsuga canadensis* (Tsuga) leaf oil.

May contain: Limonene**.

*100% pure essential oil.

**Natural constituents of essential oils.

