

Peace & Calming® II

Product Size 5 ml

Item No. 32138



Young Living Founder D. Gary Young specially formulated Peace & Calming® II essential oil blend as his recommended option and alternate to Peace & Calming. Gary handpicked this new formulation to stay true to the original constituent character of its predecessor and offer the same great experience. Peace & Calming II combines Tangerine, Orange, Ylang Ylang, Patchouli, German Chamomile, Vetiver, Cistus, Bergamot, Cassia, Davana with Young Living's exclusive Northern Lights Black Spruce to offer a relaxing and pleasant aroma.

Benefits and Features

- Has a comforting, fresh, citrusy aroma
- Encourages calm and relaxing feelings from everyday activities
- Offers a peaceful environment for yoga and meditation
- Helps beautify the appearance of skin when applied topically
- Includes Patchouli, which helps balance and soothe the spirit
- Includes the naturally occurring constituents Limonene, Patchoulol, Germacrene D, Linalool, Alpha-pinene, and Bisabolol

Suggested Use

- Breathe in this calming aroma after an overactive day.
- Apply to your neck and temples to promote a moment of inner peace.
- Dilute and massage Peace & Calming II into the bottoms of your feet at night as part of your bedtime ritual for your whole family.
- Add 4-5 drops to 1 cup of Epsom salt for a centring bath at the start of the day or as part of a calming evening routine.

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Directions

Apply to desired area. In case of sensitivity, dilute 5 drops in 10 ml of Young Living V-6®.

Cautions

Keep out of reach of children. For external use only. Avoid contact with eyes and mucous membranes. If you are pregnant, nursing, taking medication, or have a medical condition, consult a health care professional prior to use. Avoid direct sunlight and UV rays for up to 12 hours after applying product.

Ingredients

Citrus reticulata* (Tangerine) peel oil, Citrus aurantium dulcis* (Orange) peel oil, Cananga odorata* (Ylang ylang) flower oil, Pogostemon cablin* (Patchouli) oil, Picea mariana* (Northern Lights Black spruce) leaf oil, Chamomilla recutita* (Matricaria) flower oil, Vetiveria zizanioides* (Vetiver) root oil, Cistus ladaniferus* (Cistus) oil, Citrus aurantium bergamia* (Bergamot) peel oil, Cinnamomum cassia* (Cassia) leaf oil, Artemisia pallens* (Davana) flower oil.

May contain: Benzyl alcohol**, Benzyl benzoate**, Benzyl salicylate**, Cinnamal**, Cinnamyl alcohol**, Citral**, Citronello**, Coumarin**, Eugenol**, Farnesol**, Geraniol**, Isoeugenol**, Limonene**, Linalool**.

*100% pure essential oil.

** Natural constituents of essential oils.

