

Gratitude

Product Size 5 ml

Item No. 33377

Gratitude is a practice and an attitude. Gratitude essential oil blend combines nine essential oils into an uplifting aroma that promotes gratitude, thankfulness, and contentment. When you concentrate on things you are grateful for instead of things that bother you, you open yourself up to receiving more of life's gifts. Life flows better when your heart and mind are open with gratitude. Simply dab onto your neckline and pulse points for an enlightening scent, letting go of worries and focusing on manifesting joy, abundance, and happiness. When you write down your morning intentions, keep Gratitude close by to help foster a positive attitude.



Benefits and Features

- Has an uplifting and nurturing aroma that fosters gratitude.
- Helps champion a positive attitude and attracting all that is good in your life.
- Contains the naturally occurring constituents Alpha pinene, Beta pinene, Linalool, and Bornyl acetate.
- Combines Coriander, Myrrh, Ylang Ylang, Frankincense, Bergamot, Northern Lights Black Spruce, Vetiver and Geranium in one inspiring blend.
- Pairs well with Harmony, Forgiveness, Joy, Inspiration, Abundance, and Acceptance essential oil blends.

Suggested Use

- Gently inhale this uplifting aroma to help invite feelings of emotional and spiritual progress.
- Use during meditation to help promote clarity and elevate feelings of gratitude.
- Apply 1-3 drops topically behind the ears, over the heart, on wrists, back of neck, and base of spine.
- Add to your shower gel to begin your day with an open mindset of appreciation.

Cautions

Keep out of reach of children. For external use only. Keep away from eyes and mucous membranes. If you are nursing, taking medication, or have a medical condition, consult a health care professional prior to use. Not intended for use during pregnancy.

Directions

Apply to desired area. In case of sensitivity, dilute 15 drops in 10 ml of Young Living V-6®.

Ingredients

Albies grandis* (Grand Fir) oil, Boswellia carterii* (Frankincense) oil, Coriandrum sativum* (Coriander) seed oil, Commiphora myrrha* (Myrrh) oil, Cananga odorata* (Ylang Ylang) flower oil, Citrus aurantium bergamia* (Bergamot) peel oil (Furocoumarin-free), Picea mariana* (Northern Lights Black Spruce) leaf oil, Vetiveria zizanioides* (Vetiver) root oil, Pelargonium graveolens* (Geranium) flower oil.

May contain: Benzyl alcohol**, Benzyl benzoate**, Benzyl salicylate**, Citral**, Citronellol**, Eugenol**, Farnesol**, Geraniol**, Isoeugenol**, Limonene**, Linalool**.

*100% pure essential oil

** Natural constituents of essential oils