# Elemi

Product Size: 15 ml Item No. 33273

This crisp, citrussy oil is known for its balancing properties. Elemi essential oil comes from the gum resin collected from the elemi tree; a large evergreen species native to the Philippines. Its name comes from an Arabic phrase that means "above and below".

Simply breathe in this woody, fresh, incense-like aroma during meditation to promote feelings of being grounded. Add to your favourite body wash for a morning fresh feeling, enjoying beautifully soft skin. Plus, combine with your facial serum to see for yourself why this wondrous oil is highly regarded for supporting the appearance of youthful, glowing skin.



### **Benefits and Features**

- A trusty alternative to Frankincense with a similar grounding and balancing aroma.
- Supports a balanced, even complexion.
- Helps reduce the appearance of blemishes.
- A great spiritual oil to align your energy centres when used during meditation.
- Contains the naturally occurring constituent Limonene, Alpha-phellandrene, Elemol, Sabinene, Elemicin and Alpha-terpineol.

## Suggested Use

- Inhale to create a grounded and meditative environment.
- Add a few drops to your facial essence, serum, or moisturiser to support the appearance of even, glowing skin.
- Combine Elemi with Young Living V-6® and massage it into skin after exercise as part of a cooldown.
- Apply it to your temples, ear lobes, or crown during yoga or meditation.

#### Directions

Apply to desired area. In case of sensitivity, dilute 2 drops in 10 ml of Young Living V-6<sup>®</sup>.

#### Cautions

Keep out of reach of children. For external use only. Avoid contact with eyes and mucous membranes. If you are pregnant, nursing, taking medication, or have a medical condition, consult a health care professional prior to use.

#### Ingredients

Canarium luzonicum\* (Elemi) gum nonvolatiles.

May contain: Limonene\*\*, Linalool\*\*.

\*100% pure essential oil \*\*Natural constituents of essential oils

