

Blue Yarrow

Product Size: 5 ml Item No. 44790

Blue Yarrow essential oil has an inspiring, earthy scent with a vibrant blue hue that is grounding and calming when inhaled, moisturising and revitalising to your skin, and soothing when used with massage. Grown at the Young Living Lavender Farm and Distillery in Mona, Utah, blue yarrow is harvested from tiny pale flowers and green leaves. The naturally occurring constituent chamazulene turns this plant's powerful essential oil a beautifully rich blue colour during the steam distillation process. Blue Yarrow (*Achillea millefolium*) is believed to be named after Achilles, a figure in Greek mythology, who used the herb to treat soldiers in war, and millefolium, or "a thousand leaves", which represents the lush, feathery look of the herb.



Benefits and Features

- Has a sweet, earthy, slightly floral aroma that is grounding and balancing, and accentuates a sense of harmony and peace.
- Moisturises and revitalises the appearance of skin.
- Soothing when combined with massage.
- Provides a calming aroma for when your day overwhelms you.

Suggested Use

- Combine Blue Yarrow with Young Living V-6® Vegetable Oil Complex and use it in a soothing massage after exercise.
- Use it during meditation or yoga while focusing on your intuitive energies.
- Combine Blue Yarrow with Young Living V-6® to moisturise and revitalise the appearance of skin.
- Take a moment and breathe in this unique aroma when life feels out of balance to help you reset and feel grounded.

Storage

Keep in a cool, dark place.

Cautions

Keep out of reach of children. For external use only. Keep away from eyes and mucous membranes. If you are pregnant, nursing, taking medication, or have a medical condition, consult a health care professional prior to use.

Directions

Apply 2-4 drops directly to desired area. In case of sensitivity, dilute as needed in Young Living V-6® Complex. Use as needed.

Ingredients

*Achillea millefolium** (Blue Yarrow) oil.

*100% pure essential oil.