

Black Seed Oil

Product Size: 106 ml

Item No. 42418

Black Seed Oil is cold pressed from the tiny black seed of the *Nigella sativa* plant, a flowering shrub from Egypt. It has a mild, earthy, and slightly peppery aroma. When added to your favourite skincare products, it can help nourish and moisturise the skin, facilitating a smoother and brighter complexion. It can also be used as a carrier oil to dilute essential oils.



Benefits and Features

- Offers a spicy and herbaceous aroma.
- Nourishes and moisturises the skin and hair.
- Used traditionally in Middle Eastern, African, and Asian culture for beautification purposes.
- Helps improve the appearance of blemishes.
- Can also be used as a carrier oil to dilute essential oils.

Product Background

Black seed oil is harvested from *Nigella sativa* seeds and cold pressed to help maintain the chemical composition of the oil. These seeds are grown in Egypt, where they have been discovered in the tombs of Egyptian pharaohs. Known in the Middle East as “the seed of blessing” or *habbatus sauda*, *Nigella sativa* has been used by the people of the region for more than 3,000 years.

Suggested Use

- Add to your daily moisturiser to smooth and condition the skin.
- Use as a revitalising scalp and hair treatment.
- Combine with Sacred Sandalwood, apply to fingertips, and run fingers through the dry ends of your hair.

Cautions

Keep out of reach of children. For external use only. Avoid contact with eyes and mucous membranes. If you are pregnant, nursing, taking medication, or have a medical condition, consult a health care professional prior to use.

Directions

For direct application, blend 1 drop essential oil in 5-40 ml Black Seed Oil. May also be used to create your own massage oil blend for cosmetic applications by adding 15-30 drops essential oils to 30-60 ml Black Seed Oil. Black Seed Oil may be applied to skin prior to the application of essential oils. Stronger oils (e.g., cinnamon, clove, peppermint, thyme, oregano, etc.) require more dilution than gentler oils (e.g., spruce, fennel, sage, etc.).

Ingredients

Nigella sativa (Black Seed) seed oil.

