

BLM

Product Size: 90 ct

Item No. 323408

BLM's formula combines premium, naturally derived ingredients such as type II collagen, MSM, glucosamine, and manganese citrate enhanced with essential oils to offer nutritional support for your active lifestyle.

Benefits and Features

- Formulated with chicken collagen, glucosamine sulphate and MSM.
- Offers nutritional support for your busy and active lifestyle.



Cautions

Keep out of reach of children. If you are pregnant, nursing, taking medication, or have a medical condition, consult a health care professional prior to use. Food supplements are not a substitute for a varied diet and should be consumed as part of a balanced diet and healthy lifestyle. Do not exceed the recommended dose.

Storage

Keep in a cool, dark place.

Directions

Take 1 capsule 3 times daily.

Ingredients

Glucosamine (shellfish), Type II collagen (chicken), Bulking agent: Rice flour, Gelatin, Methylsulfonylmethane, Balsam Canada (*Abies balsamea*)* leaf/branch oil, Wintergreen (*Gaultheria procumbens*)* leaf oil, Magnesium stearate, Manganese citrate, Silicon dioxide, Clove (*Syzygium aromaticum*)* flower bud oil.

*100% pure essential oil

Allergy Advice: For allergens, see ingredients in **bold**.

Nutrition Information

Serving Size: 1 capsule (887 mg)
Servings Per Container: 90

Typical Values	Per Serving
Glucosamine	175 mg
Type II collagen	160 mg
MSM	24 mg