

Balance Complete

Product size: 756 g | Item No. #329208

Balance Complete is a food supplement that combines Ningxia wolfberry powder with barley grass, coconut oil, aloe vera, cinnamon powder, and our premium whey protein blend, providing high levels of fibre and protein. This delicious shake also contains enzymes, fats, vitamins, minerals, and more than 10g of fibre per serving, making it a nutritionally dynamic food supplement.



Benefits and Features

- Convenient and delicious shake which is a great addition to your daily routine.
- Formulated with high quality protein (11 g per serving) and fibre (10 g per serving).
- Ningxia wolfberry powder contains polyphenols and polysaccharides.
- Formulated with Orange Plus oil for added flavour.
- Easy for on-the-go use.
- Formulated with essential vitamins C, D, B1, B2, B5, B6, B12, Folic Acid, and yeast bound minerals.
- Formulated without artificial colourants.
- Dissolves well with your choice of liquid e.g. oat drink, soy drink, or almond drink.
- Contains 100% pure essential oil produced through our Seed to Seal® quality commitment.

Cautions

1. Keep out of reach of children. If you are pregnant, nursing, taking medication, or have a medical condition, consult a health care professional prior to use.
2. Food supplements should not be used as a substitute for a varied diet and should be consumed as part of a balanced diet and healthy lifestyle. Do not exceed the recommended daily dose.
3. Storage: Keep in a cool, dark place.

Directions

Add 2 scoops of Balance Complete to 250 ml of cold water. May also be mixed with milk or another drink of your choice. Shake, stir, or blend until smooth. For boosted flavour, add fruit or your favourite Young Living Plus essential oils.

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Product Background

Balance Complete has been formulated to supply an optimal complex of nutrients, fibre, and enzymes in a delicious shake. Not only is it high in protein, which helps support maintenance and growth of muscle mass, but it's also high in fibre.

Experience

Balance Complete is both tasty and convenient, making it the perfect food supplement to support your daily diet. The smooth and creamy vanilla flavour serves as a delicious shake or the base for a nutrient-packed fruit smoothie.

Ingredients

Whey protein concentrate (80% protein), Arabinogalactan fibre (from Larch tree), Nonfat dry **milk** powder (Nonfat dry **milk**, Lactose, Vitamin A palmitate, Vitamin D3), Wolfberry powder, Rice bran, Coconut creamer (Coconut oil, Maltodextrin, Sodium caseinate), Guar gum, Fructose, **Soy** lecithin, Vanilla flavour, Calcium (Tricalcium phosphate), Sweetener: Xylitol, Vanilla creme flavour, Vanilla French flavour, Glucomannan fibre (from Konjac root), Xanthan gum, Inulin fibre (from Chicory root), Magnesium (Magnesium oxide), Lactase, **Barley** (Hordeum vulgare) grass powder, Sodium alginate, Amylase, Pineapple extract, Lipase, Papaya extract, Cinnamon (Cinnamomum cassia) bark powder, Luo han guo (Siraitletia grosvenorii) fruit extract, **Barley** grass juice powder, Aloe vera (Aloe barbadensis) leaf extract, Vitamin E (Natural mixed tocopherols), Vitamin A (Mixed carotenoids), Vitamin C (Ascorbic acid), Microcrystalline cellulose, Vitamin B3 (Niacin), Zinc (Zinc oxide), Vitamin A (Beta carotene), Vitamin B5 (Pantothenic acid from Calcium pantothenate), Folic acid (from Citrus limon extracts), Biotin, Chalcone, Iodine (Potassium iodide), Vitamin B6 (Pyridoxine hydrochloride), Vitamin B2 (Riboflavin), Vitamin B1 (Thiamine hydrochloride), Chromium (Chromium polynicotinate with niacin), Vitamin D3 (Cholecalciferol), Orange (Citrus sinensis)* peel oil, Selenium (L-Selenomethionine), Molybdenum (Sodium molybdate dihydrate), Potassium (Tripotassium citrate), Calcium (Calcium citrate), Vitamin B12 (Methylcobalamin).

*100% pure essential oil

Allergy advice: for allergens, including cereals containing gluten, see ingredients in bold.



Serving Size: 2 Scoops (50.4 g)
Serving Per Container: About 15

Typical Values	Per Serving	%NRV*
Vitamin A	175 mcg	22%
Calcium	454 mg	57%
Magnesium	150 mg	40%
Vitamin C	20 mg	25%
Vitamin B3	6.5 mg	41%
Zinc	6 mg	60%
Selenium	23 mcg	42%
Molybdenum	20 mcg	40%
Pantothenic Acid	3 mg	50%
Vitamin B6	0.6 mg	43%
Chromium	40 mcg	100%
Vitamin B1	0.45 mg	41%
Vitamin B2	0.55 mg	39%
Vitamin D3	3.5 mcg	70%
Vitamin B12	3 mcg	120%
Folic Acid	135 mcg	68%
Biotin	100 mcg	200%
Iodine	50 mcg	33%
Phosphorus	300 mcg	43%

*NRV = Daily Nutrient Reference Value