

# Thyme

Product Size: 15 ml

Item No 36536

Steam distilled from the Thyme plant, this essential oil offers a warm, slightly spicy scent. Native to the Mediterranean region and long appreciated for its rich heritage, it carries a bold, herbal character. Refreshing and cleansing, it can be added to body wash for a blissful treat, or diluted with a carrier oil as part of a nourishing massage. It also blends beautifully with Clary Sage, Cypress, or Grapefruit.

## Directions

Apply to desired area. In case of sensitivity, dilute 10 drops in 10 ml of Young Living V-6®.



## Benefits and Features

- Has a bold, pungent, herbal aroma.
- Helps cleanse and purify the skin.
- Key component of the Raindrop Technique®.

## Suggested Use

- Gentle inhale when in stuffy environments.
- Add a few drops to body wash for a spicy, warm aroma.
- Add a few drops to 10 ml of Young Living V-6® Enhanced Vegetable Oil Complex, massaging into the body.

## Cautions

Keep out of reach of children. For external use only. Keep away from eyes and mucous membranes. If you are pregnant, nursing, taking medication, or have a medical condition, consult a health professional prior to use.

## Ingredients

Thymus vulgaris\* (Thyme) oil.

May contain: Alpha terpinene\*\*, Beta caryophyllene\*\*, Linalool\*\*, Pinene\*\*

\*Premium essential oil.

\*\*Natural constituents of essential oils.