# White Forest

Product Size: 5 ml

ltem No. 42830

Connect with nature through the sweet, refreshing aroma of White Forest essential oil blend. This unique combination of White Fir, White Pine, White Spruce, and White Cedar delivers a clean, uplifting aroma that inspires feelings of balance, clarity, and peace. With its lighter, sweeter profile compared to other conifer oils, White Forest is a refreshing addition to your home and helps create a serene space for relaxation and renewal. Its exhilarating essence also makes it ideal for massage when blending with Young Living V-6<sup>®</sup> Enhanced Vegetable Oil Complex, offering a brisk yet soothing experience.



#### **Benefits and Features**

- Gently inhale whenever you need to create an atmosphere of clarity and confidence.
- Add a few drops to your body wash for your morning shower to inspire reflection and awaken feelings of openness, growth, and creativity.

### Suggested Use

- Wear it daily as a reminder to tap into your true purpose and create your unique legacy.
- Apply it before big moments and let the aroma inspire you while you make your mark on the world.
- Apply it behind your ears and to your wrists while you invite a courageous outlook.
- Incorporate it into your meditation as you work to nurture inner resilience.

### Directions

Apply to desired area. In case of sensitivity, dilute 15 drops in 10 ml of Young Living V-6<sup>®</sup>.

#### Cautions

Keep out of reach of children. For external use only. Keep away from eyes and mucous membranes. If you are pregnant, nursing, taking medication, or have a medical condition, consult a health care professional prior to use.

## Ingredients

Abies concolor<sup>\*</sup> (white fir) branch/leaf/wood oil, Thuja occidentalis<sup>\*</sup> (White Cedar) leaf oil, Picea glauca<sup>\*</sup> (White Spruce) branch/leaf oil, Pinus strobus<sup>\*</sup> (White Pine) twig oil.

May contain: Beta caryophyllene\*\*, Camphor\*\*, Limonene\*\*, Pinene\*\*, Terpinolene\*\*.

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\*Premium essential oil. \*\*Natural constituents of essential oils.