Harmony

Product Size: 5 ml / 15 ml

Item No 37418

Harmony essential oil blend is a beautifully crafted combination of 17 premium oils, formulated by Young Living Founder D. Gary Young to inspire emotional and spiritual well-being and promote harmony in all areas of life. With its rich, layered aroma, Harmony captures the feeling of soulful music, heartfelt connection, and quiet, meaningful moments. It's known for its ability to awaken a sense of inner balance and amplify feelings of peace and positivity.

Featuring Sacred Sandalwood, Lavender, Ylang Ylang, Frankincense, Jasmine, Rose, and more, this blend unites calming, uplifting, and grounding scents – perfect for moments of quiet reflection or setting a peaceful atmosphere. Harmony has a remarkable way of bringing out the best in everyone. Intriguingly, it smells slightly different on each person, and many men have enjoyed it as an aftershave for years. It's also a key part of Gary's Great Day Protocol.



Benefits and Features

- Has a harmonising and balancing aroma.
- Encourages feelings of well-being.
- Promotes feelings of confidence and clarity.

Directions

Apply to desired area. In case of sensitivity, dilute 15 drops in 10 ml of Young Living V-6 $^{\circ}$.

Suggested Use

- Gently breathe in the comforting aroma when seeking a moment of calm or distraction from everyday discord.
- Add a drop to your favourite lotion for a glow that reflects inner and outer harmony.
- Add 6-8 drops to a warm bath for a centering, aromatic treat.
- Apply it to wrists or neck as a personal fragrance.





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Ingredients

Santalum album* (Sacred Sandalwood) oil, Lavandula angustifolia* (Lavender) oil, Cananga odorata* (Ylang Ylang) flower oil, Boswellia carterii* (Frankincense) oil, Citrus aurantium dulcis* (Orange) peel oil, Angelica archangelica* (Angelica) root oil, Pelargonium graveolens* (Geranium) flower oil, Hyssopus officinalis* (Hyssop) leaf oil, Salvia lavandulifolia* (Spanish sage) leaf oil, Picea marina* (Black spruce) leaf oil, Coriandrum sativum* (Coriander) seed oil, Citrus aurantium bergamia* (Bergamot) peel oil (Furocoumarin-free), Citrus limon* (Lemon) peel oil, Jasminum officinale^^ (Jasmine) oil, Anthemis nobilis* (Roman chamomile) flower oil, Cymbopogon martini* (Palmarosa) oil, Rosa damascena* (Rose) flower oil.

May contain: Benzyl alcohol**, Benzyl benzoate**, Benzyl salicylate**, Citral**, Citronellol**, Coumarin**, Eugenol**, Farnesol**, Geraniol**, Isoeugenol**, Limonene**, Linalool**.

Cautions

Keep out of reach of children. For external use only. Keep away from eyes and mucous membranes. If you are nursing, taking medication, or have a medical condition, consult a health care professional prior to use. Avoid direct sunlight and UV rays to application area for up to 12 hours. Not intended for use during pregnancy. Not intended for children under the age of 2 without the advice of a health care professional.







^{*}Premium essential oil.

^{^^}Premium absolute.

^{**}Natural constituents of essential oils.