

Fennel

Product Size: 15 ml

Item No 33275

Steam distilled from the crushed seeds of the fennel plant, this oil is prized for its sweet, liquorice-like aroma reminiscent of anise. Native to southern Europe and western Asia, Fennel has long been valued for its cleansing, stimulating, and balancing properties. Add a drop to your nighttime moisturiser to help support soft, even-looking skin.

Directions

Apply to desired area. In case of sensitivity, dilute 15 drops in 10 ml of Young Living V-6®.



Benefits and Features

- Has a distinct, liquorice-like aroma that is stimulating and balancing.
- Promotes the appearance of soft, even-looking skin.
- Pairs well with Frankincense, Geranium, or Ginger.

Suggested Use

- Gently inhale for an encouraging, comforting aroma.
- Apply a few drops to a carrier oil and massage into the abdomen for a soothing aromatic experience.
- Run a warm bath, adding 6-8 drops of Fennel to soak away your worries.

Cautions

Keep out of reach of children. For external use only. Keep away from eyes and mucous membranes. If you are pregnant, nursing, taking medication, or have a medical condition, consult a health care professional prior to use.

Ingredients

Foeniculum vulgare* (Fennel) oil.

May contain: Geraniol**, Limonene**, Linalool**.

*Premium essential oil.

**Natural constituents of essential oils.

