

Bergamot

Product Size: 15 ml

Item No. 31995

Experience the vibrant essence of Bergamot essential oil, extracted from the cold-pressed peel of the orange-shaped fruit. Its effervescent citrus aroma is perfect for your morning routine or livening up your household chores. Balancing and uplifting, Bergamot is ideal for breathing directly from the bottle for some on-the-go motivation. While renowned for its tart and uplifting scent, it also offers sweet and relaxing undertones, making it a sought-after addition to perfumes and luxurious skincare products.

Originating from the southern coast of Italy, Bergamot has been cherished for centuries in the Middle East for its flavouring, perfumery, and skincare benefits. However, it's important to note that Bergamot can cause photosensitivity, so it's best to avoid direct sunlight after application.

Rich in constituents like limonene, linalool, and beta-pinene, Bergamot oil boasts skin-cleansing properties and a unique aroma blending spicy florals with a woody backdrop. Incorporate it into your relaxation rituals to ease occasional stress and tension. Bergamot oil is an important ingredient in many Young Living essential oil blends, including Joy and Progescence Phyto Plus.



Benefits and Features

- Has a citrus aroma with a floral hint that is both balancing and uplifting.
- Has skin-cleansing properties.
- Helps reduce the appearance of blemishes.
- Includes the naturally occurring constituents limonene, linalool, gamma-terpinene, and beta-pinene.

Suggested Use

- Upgrade your skincare routine by adding a drop of Bergamot to your favourite soaps, serums, and cleansers.
- Add it to your favourite nighttime moisturiser for an uplifting scent and to help reduce the appearance of blemishes.
- Create a signature perfume by mixing Bergamot with a floral middle note, like Jasmine or Geranium, and a musky base note, like Cedarwood, Patchouli, or Frankincense.

Directions

Apply to desired area. In case of sensitivity, dilute 2 drops in 15 ml of Young Living V-6® Enhanced Vegetable Oil Complex.



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Cautions

Keep out of reach of children. For external use only. Keep away from eyes and mucous membranes. If you are pregnant, nursing, taking medication or have a medical condition, consult a health care professional prior to use. Avoid direct sunlight or UV rays for up to 48 hours after applying product.

Ingredients

Citrus aurantium bergamia* (Bergamot) peel oil.

May contain: Citral**, Citronello**, Geraniol**, Limonene**, Linalool**.

* 100% premium essential oil.

** Natural constituents of essential oils.

