

# LIGHT OF HOPE

Product Size 5 ml Item No. 37122

Light of Hope is a spiritual blend of Melissa, Juniper, Myrrh, and Northern Lights Black Spruce that helps reconnect you to feelings of strength and stability toward your compelling future. Our Light of Hope essential oil blend was created to help bring hope during challenging times and transitions in life. Hope is an optimistic state of mind that is based on expectations of positive outcomes. This blend's aromatic influence offers feelings of peace and security. Use this blend when restoring optimism for hope in the future.

## BENEFITS AND FEATURES

- Pairs well with Release, Harmony, Valor®, and Joy essential oils
- Offers an optimistic aroma



## KEY INGREDIENTS

- Melissa essential oil – Helps bring out gentleness with its calm, balancing aroma
- Juniper essential oil – Elevates spiritual awareness
- Myrrh essential oil – Has a grounding aroma
- Northern Lights Black Spruce – Inspires reflection and release

## SUGGESTED USE

- Apply 1–3 drops topically to encourage feelings of hope, stability, or a positive outlook.
- Use during personal prayer or meditation.
- Apply 1–3 drops to the outside of the ears after receiving the Raindrop Technique®.
- Add it to your bath mixed with Epsom salt.

## CAUTIONS

Keep out of reach of children. For external use only. Avoid contact with eyes and mucous membranes. If you are pregnant, nursing, taking medication, or have a medical condition, consult a health care professional prior to use.

## DIRECTIONS

Apply to desired area. In case of sensitivity, dilute 15 drops in 10 ml of Young Living V-6®.

## INGREDIENTS

Prunus amygdalus dulcis (Sweet almond) oil, Melissa officinalis\* (Melissa) leaf oil, Juniperus osteosperma\* (Juniper) oil, Commiphora myrrha\* (Myrrh) oil, Picea mariana\* (Black spruce) leaf oil.

May contain: Citral\*\*, Citronellol\*\*, Geraniol\*\*, Limonene\*\*, Linalool\*\*.

\*100% pure essential oil

\*\*Natural constituents of essential oils

