

## PRODUCT SUMMARY

Rev up your workout with ease! Our panel of Young Living brand ambassadors and athletes has come together to design this first-of-its-kind fitness kit, which includes Cool Azul Sports Gel, plus Deep Relief, Peppermint, Copaiba, Eucalyptus Radiata and Thieves. This kit is designed with convenience in mind with a carabiner for easy attachment to any gym bag and an exterior pocket that perfectly fits a Slique Bar! As an added bonus, this kit will include three roller fitments to complement each topical essential oil. The Active and Fit Kit supports every fitness regimen, from elite competition to daily workouts.

## PRIMARY FEATURES

*The Active and Fit Kit includes:*

- Nylon carrying case with seven interior mesh pockets, an exterior pocket and a carabiner for easy attachment to any gym bag
- Cool Azul Sports Gel, 100 ml
- Deep Relief essential oil blend, 5 ml
- Thieves essential oil blend, 5 ml
- Copaiba essential oil, 5 ml
- Peppermint essential oil, 5 ml
- Eucalyptus Radiata essential oil, 5 ml
- 3 AromaGlide™ roller fitments
- Product information card



## WHO SHOULD USE THE ACTIVE AND FIT KIT?

- Follow the directions on each individual product.
- Cool Azul Sports Gel: Cool Azul Sports Gel is a perfect choice to use before or after physical activity. Rub and massage generously onto skin. The rich, moisturising botanicals leave skin feeling soft and hydrated. Wash hands after use.
- Deep Relief essential oil blend: Apply topically for a cooling sensation and invigorating aroma.
- Peppermint essential oil: Peppermint provides a cooling sensation that can help relieve sore muscles when applied topically as part of a massage.
- Copaiba essential oil: Add to Cool Azul Sports Gel when desired. Used topically, Copaiba essential oil can be an important part of your skin care regime.
- Eucalyptus Radiata essential oil: Boost the power of your next foot-rub by adding a few drops to Ortho Ease Massage Oil, and give your toes a little TLC!
- Thieves essential oil blend: When used aromatically, Thieves essential oil blend provides a clean and refreshing scent. Apply to bottoms of feet after activity.

# ACTIVE AND FIT KIT



## CAUTION

- Keep out of reach of children.
- Follow the caution guidelines on each individual label.

## COMPLEMENTARY PRODUCTS

- Slique Bars
- Cool Azul essential oil blend
- PanAway essential oil blend
- Relieve It essential oil blend
- Ortho Ease massage oil
- Ortho Sport massage oil
- V-6™ Vegetable Oil Complex