

# RISE ABOVE

Product Size 5 ml Item No.38311

Our Rise Above essential oil is the 2021 convention blend, and contains Valor®, Frankincense, Bergamot, Dorado Azul, Idaho Grand Fir, Cedarwood, Cardamom, Lavender, and Rose, bringing you an energising aroma as you transform your thoughts.



## BENEFITS AND FEATURES

- Inspire yourself to open up to new ideas and opportunities for the future
- Let the aroma's energy motivate positive intentions
- Can be used to transform old thoughts that hold you back, so you can rise above to help achieve your soul's true purpose
- Opens you up to spiritual enlightenment

## PRODUCT BACKGROUND

Our Rise Above essential oil blend was inspired by Young Living Founder D. Gary Young through Co-Founder and CEO Mary Young, and features specific essential oils to help transform old thoughts that hold you back, so you can rise above to achieve your soul's true purpose.

Valor® can empower and strengthen the spirit to encourage you to overcome personal challenges. Frankincense, Cedarwood, and Cardamom promote positive beliefs to help you seek or attain your true potential. Dorado Azul contains the constituent 1,8 cineole. Bergamot, Lavender, and Cardamom are a balancing blend of essential oils that promote feelings of stability, clarity, and spirituality; they open us up to new ways of

being able to flow with the universal energy that surrounds each one of us.

The energies of the essential oils go beyond the spectrum of measurement of their constituent profile. They inspire opening the heart, the mind, and the soul to be able to move from the past to the future. It's time to rise above with intention, with affirmations, and with vocal decrees to put into motion that which you desire. Visualise your reality with words and thoughts to create a spiritual harmony that will be sensed by the heart and soul. "Rise Above" your perceived limitations and open the doorway into a brilliant new future.

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## SUGGESTED USE

- Use topically while playing harmonic music to help amplify the oil frequencies and enhance the sense of spiritual enlightenment.
- Apply 1–2 drops to your feet and take 3 deep breaths; apply 1–2 drops to your heart and take 3 deep breaths; then apply 1–2 drops to your head and take 3 deep breaths.
- Use Rise Above during the beginning of your day, with a clear focus to remove old thought patterns and open your heart to new perspectives and opportunities.
- Apply it with Young Living V-6® Vegetable Oil Complex for a soothing foot rub and enjoy the inspiring aroma.
- Use it daily in thoughtful prayer, meditation, and goal setting to focus on a clear path and intention for your day.



## DIRECTIONS

Apply to desired area. In case of sensitivity, dilute 10 drops in 10 ml of Young Living V-6® Vegetable Oil Complex.

## CAUTIONS

Keep out of reach of children. For external use only. Keep away from eyes and mucous membranes. If you are pregnant, nursing, taking medication, or have a medical condition, consult a health professional prior to use. Avoid direct sunlight or UV rays to application area for up to 12 hours.

## INGREDIENTS

Cedrus atlantica\* (Cedarwood) wood oil, Abies grandis\* (Grand fir) oil, Boswellia carterii\* (Frankincense) oil, Lavandula angustifolia\* (Lavender) oil, Citrus aurantium bergamia\* (Bergamot) peel oil, Hyptis suaveolens\* (Dorado azul) seed oil, Caprylic/capric Triglyceride, Elettaria cardamomum\* (Cardamom) seed oil, Picea mariana\* (Black spruce) leaf oil, Rosa damascena\* (Rose) flower oil, Cinnamomum camphora\* (Camphor) wood oil, Tanacetum annuum\* (Blue tansy) flower oil, Pelargonium graveolens\* (Geranium) flower oil

\*100% pure essential oil