

Lavender

Product Size 5 ml or 15 ml Item No. 32171 (5 ml) / 32034 (15 ml)

Lavender is one of history's most celebrated and versatile essential oils. It is steam distilled from *Lavandula angustifolia*, a perennial, bushy shrub with a flowery top. Historically, while the Greeks used lavender as a perfume, the Romans enjoyed its cleansing qualities when washing and the Egyptians added it to incense and perfumes.

The many plant constituents in Lavender essential oil mean it is incredibly versatile. Today, Lavender is used for cleansing purposes, can help support personal sleep routines, and is great when applied following a day out in the sun. It is also known to promote feelings of calm and promises a balancing aroma. The benefits of Lavender essential oil are limitless, and modern research will continue to yield new and exciting uses for this amazing plant.



Benefits and Features

- Use as part of your bedtime routine to unwind and relax
- Enhances the appearance of a youthful complexion
- Provides a calming aroma to help clear and clarify the mind
- May support a worry-free outlook

Ingredients

Lavender (*Lavandula angustifolia*)* oil

May contain: Coumarin**, Geraniol**, Limonene**, Linalool**.

*100% pure essential oil.

**Natural constituents of essential oils.

Suggested Use

Apply to desired area. In case of sensitivity, dilute 5 drops in 15 ml of Young Living V-6®.

Cautions

Keep out of reach of children. For external use only. Avoid contact with eyes and mucous membranes. If you are pregnant, nursing, taking medication, or have a medical condition, consult a health professional prior to use.