

Idaho Grand Fir

Product Size 5 ml

Item No. 33277

Bring the great outdoors inside with the exceptional Idaho Grand Fir. Our Grand Fir comes from the Young Living Highland Flats Tree Farm and Distillery in Naples. Once harvested, the needles and branches are then steam distilled to create a warm, comforting, and irresistible unisex scent. Blends beautifully with Sandalwood, Ylang Ylang, and Lavender. Create your own custom-made scent or why not dab onto your pulse points for an uplifting and motivating addition, ideal for a pre-workout. You may like to dilute with a carrier oil for a more subtle scent.



Benefits and Features

- Offers a fresh breathing experience when applied to chest and neck.
- Can be combined with Young Living V-6® and massaged into the skin after exercise.
- Smooths the skin when combined with Lavender essential oil and applied topically.
- Promotes a grounding, relaxing experience when used during meditation.
- Contains the constituents beta-pinene, alpha-pinene, camphene, and beta-phellandrene.

Suggested Use

- Apply during yoga or meditation for a grounding, relaxing, and calming atmosphere.
- Gently breathe in the woody, refreshing aroma to evoke the nostalgia of smelling a freshly cut Christmas tree.
- After a workout, dilute a few drops into 10 ml of Young Living V-6® Enhanced Vegetable Oil Complex, massaging into the body.
- Blend with Sandalwood, Ylang Ylang, or Lavender to create your own custom-made scent.

Product Background

Idaho Grand Fir essential oil is produced from the steam distilled needles and branches of the grand fir trees grown at Young Living's Highland Flats Tree Farm and Distillery in Naples, Idaho. These trees are popularly used in the U.S. as Christmas trees and are one of the tallest fir species in the world. Idaho Grand Fir is an important ingredient in Believe, Deep Relief® Roll-On, Gratitude, Sacred Mountain, and other Young Living Products.

Directions

Apply topically to desired area. In case of sensitivity, dilute 15 drops in 10 ml of carrier oil.

Cautions

Keep out of reach of children. For external use only. Keep away from eyes and mucous membranes. If you are pregnant, nursing, taking medication, or have a medical condition, consult a health care professional prior to use.

Ingredients

Abies grandis* (Grand Fir) oil.

May contain: Citral**, Citronellol**, Limonene**, Linalool**.

*100% pure essential oil

**Natural constituents of essential oils