

# Freedom Sleep Collection

Product Size 3 x 15 ml bottles, 1 x 5 ml bottle

Item No. 4722

When it's time to hit the sheets, you want calm, relaxed energy and positive thoughts. Nothing makes drifting off to dreamland feel better than feeling soothed and settled. The Freedom Sleep collection features an array of essential oil blends, all formulated to make bedtime your favourite part of the day. With this selection of oil blends, you'll find aromas that range from complex and empowering to sweet and relaxing, all developed with your best rest in mind.



## Benefits and Features

- Encourages relaxation for a more restful night's sleep
- Promotes relaxing and calming thoughts and feelings
- Generates positive energy

## Key Ingredients

- **AromaSleep essential oil blend:** Lavender, Geranium, Roman Chamomile, Bergamot, Tangerine, Sacred Frankincense, Valerian
- **Inner Harmony essential oil blend:** Geranium, Lavender, Royal Hawaiian Sandalwood<sup>^</sup>, Ylang Ylang, Idaho Blue Spruce
- **Freedom essential oil blend:** Balsam Copaiba, Sacred Frankincense, Vetiver, Lavender, Idaho Blue Spruce, Peppermint, Palo Santo, Valerian, Rue
- **Valor® essential oil blend:** Black Spruce, Camphor Wood, Blue Tansy, Frankincense, Geranium

<sup>^</sup>Royal Hawaiian Sandalwood is a trademark of Jawmin, LLC.

# Freedom Sleep Collection

## Product Background

We believe in the freedom to live the life you choose. That means feeling empowered, inspired, and connected—at peace with the everyday. Featuring only Young Living-exclusive blends, this selection has been carefully curated to create one of YL's most coveted collections. Find your freedom with a wide range of inspiring aromas.



## Suggested Use

**AromaSleep essential oil blend:** Apply this gentle blend at bedtime.

**Freedom essential oil blend:** Use this complex aroma on its own to help boost your positive energy or combine it with the other blends in this collection to enhance benefits.

**Inner Harmony essential oil blend:** Inhale this luxurious blend when you're seeking balance and spiritual awareness.

**Valor® essential oil blend:** Feel empowered when you apply this grounding scent.

## Contents

15 ml AromaSleep essential oil blend  
15 ml Freedom essential oil blend  
15 ml Inner Harmony essential oil blend  
5 ml Valor® essential oil blend

## Directions

For additional usage instructions and cautions, please refer to individual product labels.