

PRODUCT SUMMARY

Oregano+ (Origanum vulgare) includes the naturally occurring constituent carvacrol and can help support your healthy lifestyle when taken as a food supplement. Using Oregano+ is a great way to deliver spicy, savoury flavour to your favourite recipes while adding the benefits of pure essential oil to your diet.

WHY WE LOVE IT

Oregano+ is perfect for adding a spicy, intense flavour to foods—especially Italian dishes that can't do without the fresh herb. Featuring the naturally occurring constituent carvacrol, Oregano+ is the perfect addition to your daily essential oil regime. Try using Oregano+ when cooking instead of the fresh or dried herb to get new layers of flavour!

- Try adding a little Oregano+ to salad dressings or to your favourite chicken, seafood or marinade recipes.
- Infuse a large bottle of olive oil with 15–20 drops and use it for cooking or dipping breads.
- Add 2–3 drops to your pesto sauces to give it your unique twist.
- Combine with Thyme+ oil to add authentic seasoning to your Italian recipes.

DIRECTIONS

Put 1 drop of Oregano+ in a neutral base. Take 3 times daily.

CAUTION

Keep out of reach of children. Avoid contact with eyes. If you are pregnant, nursing, taking medication or have a medical condition, consult a health care professional prior to use. If contact with skin occurs, avoid direct sunlight and UV rays for up to 12 hours. Food supplements should not be used as a substitute for a varied diet. Do not exceed the recommended daily dose.

INGREDIENTS

Oregano (Origanum vulgare)† leaf/stem oil
†100% pure essential oil



FUN FACTS

- Oregano is a member of the mint family, is a relative of sweet marjoram, and is native to the Mediterranean and Eurasia.
- Origanum has been cultivated in Egypt for more than 3,000 years.
- The word "oregano" is thought to have been derived from the Greek oros (mountain) and ganos (brightness).

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