

Digest & Cleanse

Product Size 30 Softgels

Item No. 31004

Digest & Cleanse is formulated to support healthy digestion. Stress, overeating, and the occasional bad meal can irritate the digestive system and cause discomfort that interferes with the body's natural digestive functions.

Digest & Cleanse contains essential oils such as Peppermint and Caraway, which have been used for centuries to address the occasional upset stomach. Ginger, Fennel, and Anise essential oils can help support the digestive tract. With targeted-release gel capsules, you'll get ideal absorption, with minimal aftertaste.



Benefits and Features

- Exclusive Young Living blend of Seed to Seal® Peppermint, Caraway, Ginger, Fennel and Anise essential oils work together to support overall digestive health
- Formulated in targeted-release gel capsules for ideal absorption and minimal aftertaste
- Formulated to compliment natural digestive health
- Supports digestion with Fennel, Anise and Ginger essential oils
- Includes Peppermint and Caraway essential oils, which have been used for centuries to ease occasional digestive discomfort

Key Ingredients

Peppermint essential oil (*Mentha piperita*), Caraway essential oil (*Carum catvi*), Lemon essential oil (*Citrus limon*), Ginger essential oil (*Zingiber officinale*), Fennel essential oil (*Foeniculum vulgare*), Anise essential oil (*Pimpinella anisum*)

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Product Background

Essential oils have been used to support digestive health for centuries. When D. Gary Young formulated this proprietary blend, he took into account the need to provide overall support to the digestive system. This dual approach provides a gentle, oil-based solution for keeping digestion on track.



Directions

Take 1 softgel, 1-3 times daily with water, 30-60 minutes prior to meals.

Cautions

Keep out of reach of children. If you are pregnant, nursing, taking medication, or have a medical condition, consult a health professional prior to use. Food supplements are not a substitute for a varied diet and should be consumed as part of a balanced diet and healthy lifestyle. Do not exceed the recommended daily dose. Storage: Keep in a cool, dry place.

Ingredients

Softgel (Gelatine (Bovine), Sorbitol Sorbitan Solution (Humectant), Glycerine (Humectant), Water), Peppermint (*Mentha piperita*)* leaf oil, Medium chain triglycerides (from fractionated coconut oil), Caraway (*Carum carvi*)* fruit oil, Coconut (*Cocos nucifera*) fruit oil, Lemon (*Citrus limon*)* peel oil, Ginger (*Zingiber officinale*)* root oil, Fennel (*Foeniculum vulgare*)* seed oil, Anise (*Pimpinella anisum*)* seed oil

*100% pure essential oil