

MAY 2024 EVENTS



We are hosting most of our training sessions on our YLSG HIVE Facebook group, with the exception of exclusive sessions. Click on the link below to join our YLSG HIVE and state your Young Living Brand Partner ID for your join request to be approved: [YLSG HIVE](#)

MON	TUES	WED	THU	FRI	SAT	SUN
		1 PUBLIC HOLIDAY Experience Centre and Hotline CLOSED	2 @ YLSG HIVE 11 A.M. MAY UNBOXING by Siti Zulaiha, Young Living Brand Partner	3 @ YLSG HIVE 10 A.M. YL NUTRITION: FUELING YOUR WELLNESS JOURNEY by Jared Gower, Director of Product Development, Nutrition APAC @ YLSG TRAINING ROOM 12:30 P.M. YOUNG & FIT WELLNESS CHALLENGE WORKSHOP - FREE INBODY ANALYSIS FOR ALL Register here: https://bit.ly/YNFWCWorkshop	4	5
6 @ YLSG TRAINING ROOM 10:30 A.M. YOUNG & FIT WELLNESS CHALLENGE WORKSHOP - FREE INBODY ANALYSIS FOR ALL Register here: https://bit.ly/YNFWCWorkshop	7 EXCLUSIVE FOR YOUNG & FIT PARTICIPANTS 10 A.M. INBODY ANALYSIS: UNDERSTANDING THE NUMBERS ON YOUR RESULT SHEET by Ms. Lim Loo Teng, InBody Clinical Specialist ZOOM TRAINING 8:30 P.M. ELEVATE YOUR WELLBEING TO A WHOLE NEW LEVEL WITH THE GOODNESS OF NINGXIA RED by Woei Yuh Yan, Young Living Brand Partner Register here: bit.ly/pebnxsharing_7may	8 @ YLSG TRAINING ROOM 11 A.M. SECRETS OF MY POWERHOUSE NUTRITION - NINGXIA RED by Mackey Tan, Young Living Brand Partner Register here: bit.ly/pebnxsharing_8may	9 @ YLSG HIVE 10 A.M. ESSENTIAL OIL BASICS: YOUNG LIVING ESSENTIAL OILS & SEED TO SEAL COMMITMENT by Sek Jen, Young Living Brand Partner	10 YOUNG & FIT WEIGH-IN May 10, Friday: 11 a.m. to 7:45 p.m. May 11, Saturday: 10 a.m. to 3 p.m. @ YLSG HIVE 10 A.M. NUTRITION TRAINING: DEEP DIVE INTO THE OMEGAS AND THEIR IMPORTANCE! GREEN OMEGA 3 VS OMEGAGIZE® by Jared Gower, Director of Product Development, Nutrition APAC	11	12
13 STOCK TAKE Member Services Hotlines opens from 10 A.M. to 7 P.M. Experience Centre opens at 12 P.M. to 8 P.M. @ YLSG HIVE 8 P.M. NUTRITION: WHY NINGXIA RED? by Siti Liyana, Young Living Brand Partner	14 EXCLUSIVE FOR YOUNG & FIT PARTICIPANTS 10 A.M. YL NUTRITION BASICS: FUELLING YOUR WELLNESS JOURNEY + NINGXIA RED by Jared Gower, Director, Global Product Portfolio Nutrition	15 STAFF ASSEMBLY Member Services Hotlines opens from 12 P.M. to 7 P.M. Experience Centre opens at 1 P.M. to 8 P.M.	16	17 EXCLUSIVE FOR YOUNG & FIT PARTICIPANTS 7 P.M. STRETCH & REACH: GET MOVING, GET TONED UP! CHAIR YOGA by Carol Chua, Young Living Brand Partner	18	19
20	21	22 PUBLIC HOLIDAY Experience Centre and Hotline CLOSED	23	24 EXCLUSIVE FOR YOUNG & FIT PARTICIPANTS 7 P.M. PHYSICAL WELLNESS by Kathy Wong, Young Living Brand Partner	25	26
27	28	29	30	31 EXCLUSIVE FOR YOUNG & FIT PARTICIPANTS 7 P.M. COMPLIMENTARY WORKSHOP: BUG REPELLENT SPRAY WITH BLOOM BOTTLE by YLSG Team		