

# JUNE 2024 EVENTS



We are hosting most of our training sessions on our YLSG HIVE Facebook group, with the exception of exclusive sessions. Click on the link below to join our YLSG HIVE and state your Young Living Brand Partner ID for your join request to be approved: [YLSG HIVE](#)

MON	TUES	WED	THU	FRI	SAT	SUN
					1	2
<b>3</b> @ YLSG HIVE 11 A.M. <b>JUNE UNBOXING</b> by Helena Lim & Angie Ho, YL Brand Partners	<b>4</b> EXCLUSIVE FOR YOUNG & FIT PARTICIPANTS @ YNFWC FB PAGE 9 A.M. <b>[REPLAY] DETOX &amp; CLEANSE</b> by Edward Dailey, YL Holistic Development Director	<b>5</b>	<b>6</b> ZOOM TRAINING 10:30 A.M. <b>BUILDING SOCIAL MEDIA THROUGH HONESTY, INTEGRITY AND AUTHENTICITY</b> by Bryan Martin, YL Brand Partner Register here: <a href="https://bit.ly/buildingsocialmedia_6jun">bit.ly/buildingsocialmedia_6jun</a>	<b>7</b> @ YLSG HIVE 10 A.M. <b>PAIN MANAGEMENT</b> by Dr. HK Lin, YL Chief Scientist PRIORITY FOR YOUNG & FIT PARTICIPANTS @ TRAINING ROOM 7 P.M. <b>KICKSTART YOUR CORE WORKOUT (DIFFICULTY: BEGINNER TO INTERMEDIATE)</b> by Adeline Jo, YLSG Staff & Certified Aerial Yoga Instructor Register here: <a href="https://bit.ly/YNFWCCoreWorkout">bit.ly/YNFWCCoreWorkout</a>	<b>8</b>	<b>9</b>
<b>10</b> STOCK TAKE Member Services Hotlines opens from 10 A.M. to 7 P.M. Experience Centre opens at 12 P.M. to 8 P.M. @ YLSG TRAINING ROOM 7 P.M. <b>A FINANCIAL PLANNER'S PERSPECTIVE OF NETWORK MARKETING; YL COMPENSATION PLAN CASE STUDIES</b> by Elsie Pang, YL Brand Partner & Lenn Lai, YL Business Development and Conduct Executive Register here: <a href="https://bit.ly/training_10jun">bit.ly/training_10jun</a>	<b>11</b> EXCLUSIVE FOR YOUNG & FIT PARTICIPANTS @ YNFWC FB PAGE 9 A.M. <b>HEALTHY WEIGHT MANAGEMENT</b> by Edward Dailey, YL Holistic Development Director	<b>12</b>	<b>13</b> @ YLSG HIVE 10 A.M. <b>YOUNG LIVING'S SEED TO SEAL PROMISE</b> by Brett Packer, Executive Director, YL Farms	<b>14</b> YOUNG & FIT WEIGH-IN June 14, Friday: 11 a.m. to 7:45 p.m. June 15, Saturday: 10 a.m. to 3 p.m. PRIORITY FOR YOUNG & FIT PARTICIPANTS @ TRAINING ROOM 7 P.M. <b>MAT PILATES</b> by Saburanachair Madarsa Maricar, YL Brand Partner & Certified Pilates Instructor Register here: <a href="https://bit.ly/YNFWCMatPilates">bit.ly/YNFWCMatPilates</a>	<b>15</b>	<b>16</b>
<b>17</b> PUBLIC HOLIDAY Experience Centre and Hotline CLOSED	<b>18</b> EXCLUSIVE FOR YOUNG & FIT PARTICIPANTS @ YNFWC FB PAGE 9 A.M. <b>[REPLAY] NOURISH &amp; RESTORE</b> by Edward Dailey, YL Holistic Development Director	<b>19</b> STAFF ASSEMBLY Member Services Hotlines opens from 12 P.M. to 7 P.M. Experience Centre opens at 1 P.M. to 8 P.M.	<b>20</b>	<b>21</b> COMPLIMENTARY FOR YOUNG & FIT PARTICIPANTS @ YLSG EXPERIENCE CENTRE 12 P.M. TO 2 P.M. 6 P.M. TO 7:45 P.M. <b>BUG REPELLENT SPRAY WITH BLOOM BOTTLE</b> by YLSG Team	<b>22</b> EXCLUSIVE FOR YOUNG & FIT PARTICIPANTS 10 A.M. TO 12 P.M. <b>DISCOVER SINGAPORE'S LAST VILLAGE RUINS: THOMSON NATURE PARK</b> by Darren Ng, YL Senior Marketing Manager	<b>23</b>
<b>24</b>	<b>25</b> EXCLUSIVE FOR YOUNG & FIT PARTICIPANTS @ YNFWC FB PAGE 9 A.M. <b>EFFECTIVE WEIGHT MANAGEMENT? HOW?</b> by Edward Dailey, YL Holistic Development Director	<b>26</b>	<b>27</b> ZOOM TRAINING 8 P.M. <b>THE JOURNEY FROM USER TO DIAMOND</b> by Alice Lin, YL Diamond Register here: <a href="https://bit.ly/journeytodiamond_27jun">bit.ly/journeytodiamond_27jun</a>	<b>28</b> PRIORITY FOR YOUNG & FIT PARTICIPANTS @ TRAINING ROOM 7 P.M. <b>TABATA (DIFFICULTY: BEGINNER TO INTERMEDIATE)</b> by Jakky Chan, YLSG Staff Register here: <a href="https://bit.ly/YNFWCTabataWorkout">bit.ly/YNFWCTabataWorkout</a>	<b>29</b>	<b>30</b>