

*Envision Your Future*

# NEW PRODUCTS

INFORMATION  
BOOKLET



YOUNG LIVING<sup>®</sup>  
ESSENTIAL OILS

*Featured Product*  
Lavender-Oatmeal Bar Soap

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# CARDAMOM ESSENTIAL OIL

## COMING SOON!

### USE

Topical, aromatic and for flavouring

### SCIENTIFIC NAME

*Elettaria cardamomum*

### PRODUCT SUMMARY

Cardamom is a member of the ginger family, and features a spicy, refreshing aroma that can be uplifting. The cardamom plant is native to the lush evergreen forests of southern India and has been highly valued as a spice since ancient times. Steam distilled from cardamom seeds, Cardamom essential oil has a rich taste and is one of the world's favourite cooking spices.

### EXPERIENCE

This essential oil's signature flavour is common in sweet and savoury dishes and is frequently used in many Swedish baked goods. Cardamom is also a welcome addition to enhance the flavour of hot drinks.

### PRODUCT BACKGROUND

Historically known as the Queen of Spices, cardamom has been used in India since ancient times. As long ago as the Vedic period (3000 BC), there was a mention of the use of this spice in wedding ceremonies. Ancient Egyptians used cardamom as a mouth freshener. As a spice, cardamom is also used widely in Indian cuisine. The seeds and the essential oil are used as flavouring components in a variety of foods, including beverages, desserts, candy, baked goods, condiments, gravies, meat and meat products. The extract of the seeds also finds applications in cosmetic formulations.

### CAUTION

Keep out of reach of children. If you are pregnant, nursing, taking medication or have a medical condition, consult a health care professional prior to use.



### BENEFITS & SUGGESTED USE

- Diffuse up to 30 minutes three times daily for a refreshing aroma.
- Apply topically to skin for a radiant, youthful-looking glow.
- Add to food for a spicy, citrusy and rich taste.
- Add to your favourite dishes to accentuate sweet and savoury flavours.
- Add 1 - 2 drops to your favourite smoothies, green juices or tea for a unique taste experience.
- Because of its high potency, start with dipping a toothpick in the essential oil and swirl it through the ingredients for a lighter Cardamom flavour in your dish; add more if desired.

### INGREDIENTS

*Elettaria cardamomum*<sup>†</sup> (Cardamom) essential oil

<sup>†</sup>100% pure, therapeutic-grade essential oil

### COMPLEMENTARY PRODUCTS

- Cinnamon Bark Essential Oil *Item No. 351502*
- Orange Essential Oil *Item No. 360202*
- Bergamot Essential Oil *Item No. 350302*

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# CELERY SEED ESSENTIAL OIL

## USE

Topical, aromatic and for flavouring

## SCIENTIFIC NAME

*Apium graveolens*

## PRODUCT SUMMARY

Produced from the steam distillation of dried seeds, Celery Seed essential oil was used historically for its calming, relaxing and uplifting scent. It brings a pleasant aroma and taste to pickling blends and brines. It offers a flavour profile that is commonly described as earthy and grassy, and can add a unique depth of taste to coleslaw and salad dressings and can also be used in seasoning poultry.

## BENEFITS & SUGGESTED USE

- Add 1-2 drops to the cooking water for rice and serve with baked poultry.
- Dilute one drop with V-6™ Vegetable Oil Complex or a different carrier oil and apply to desired area.
- Diffuse up to one hour three times daily for a calming aroma.

## CAUTION

Keep out of reach of children. If you are pregnant, nursing, taking medication or have a medical condition, consult a health care professional prior to use.



## INGREDIENTS

*Apium graveolens*<sup>†</sup> (Celery Seed) essential oil

<sup>†</sup>100% pure, therapeutic-grade essential oil

## COMPLEMENTARY PRODUCTS

### Carrot Seed Essential Oil

Item No. 308102



### Fennel Essential Oil

Item No. 354202



### Peppermint Essential Oil

Item No. 361402



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# GERMAN CHAMOMILE ESSENTIAL OIL

## USE

Topical, aromatic and for flavouring

## SCIENTIFIC NAME

*Matricaria recutita* (flower)

## PRODUCT SUMMARY

German Chamomile has a calming aroma that helps create feelings of peace and patience. This essential oil can be applied neat or as part of massage to desired areas. It has a sweet, grassy and slightly fruity aroma, like apples, making it great for tossing into a salad dressing or adding to a fresh cup of tea.

## PRODUCT BACKGROUND

The word 'chamomile' comes from the ancient Greek word, *Chamomaela*, and means 'ground apple'. The Romans used chamomile to flavour drinks and in incense.

## CAUTION

Keep out of reach of children. If you are pregnant, nursing, taking medication or have a medical condition, consult a health care professional prior to use.

## INGREDIENTS

Matricaria recutita<sup>†</sup> flower (German Chamomile) essential oil

<sup>†</sup>100% pure, therapeutic-grade essential oil



## BENEFITS & SUGGESTED USE

- Diffuse in the evening to create a calming aroma for a relaxing night.
- Add to bath water for a spa-like experience by creating a peaceful aroma.
- Add to daily face regimen to enhance the appearance of healthy-looking skin.
- Add 1-2 drops to water as part of a comforting evening ritual.
- Add 1-2 drops to a smoothie, shake or salad.
- Place a few drops in a hot tea to promote feelings of calmness and support.

## COMPLEMENTARY PRODUCTS

### ImmuPower™ Essential Oil Blend

Item No. 336302



### Lemon Essential Oil

Item No. 357802



### Thieves® Essential Oil Blend

Item No. 342302



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# PALMAROSA ESSENTIAL OIL

## USE

Topical and aromatic

## SCIENTIFIC NAME

*Cymbopogon martini*

## PRODUCT SUMMARY

Palmarosa grass is steam distilled to produce Palmarosa essential oil, which can be found in many perfumes, soaps and cosmetic products. Its aroma is similar to Rose essential oil, and can be stimulating and soothing when diffused.

## BENEFITS & SUGGESTED USE

- Apply a few drops to your face to enhance the appearance of your complexion.
- Diffuse around your home for a fresh, floral aroma.
- Add to V-6™ Vegetable Oil Complex or a different carrier oil and use as a soothing, spa-like massage treatment to help moisturise and boost the appearance of youthful-looking skin.

## CAUTION

Keep out of reach of children. If you are pregnant, nursing, taking medication or have a medical condition, consult a health care professional prior to use.



## INGREDIENTS

Cymbopogon martini† (Palmarosa) essential oil

†100% pure, therapeutic-grade essential oil

## COMPLEMENTARY PRODUCTS

### En-R-Gee™ Essential Oil Blend

Item No. 333602



### Petitgrain Essential Oil

Item No. 361702



### Roman Chamomile Essential Oil

Item No. 351202



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# SACRED SANDALWOOD™ ESSENTIAL OIL

## USE

Topical and aromatic

## SCIENTIFIC NAME

*Santalum album*

## PRODUCT SUMMARY

This sandalwood variety is native to India and is steam distilled at our partner farm in Australia's tropical northern outback to ensure its authenticity and purity. Sacred Sandalwood™ essential oil provides an uplifting, warm, woody and sweet aroma, while offering a variety of skin benefits.

## EXPERIENCE

Sandalwood is a recognisable base note in many perfumes and fragrances. Its distinctly warm and woody aroma is the perfect complement to pampering spa treatments, relaxation time, yoga and meditation. It can also help enhance the natural radiance of healthy-looking skin and reduce the appearance of fine lines and puffiness.

## PRODUCT BACKGROUND

Sandalwood essential oil has long been coveted for its skin-benefiting properties, seductive aroma and use during spiritual ceremonies. It's perhaps even more sought-after today than it was in ancient times. Because of this, the purity of Indian Sandalwood essential oil is often compromised due to an expanding black market. To ensure the purest, most authentic essential oil possible, Young Living's Sacred Sandalwood™ essential oil comes from the pristine *Santalum album* species transplanted from its native home in India to our partner farm in Australia, which has a similar landscape and climate. The Australian plantation follows our strict Seed to Seal® guidelines and maintains award-winning sustainability measures to protect this highly sought-after essential oil.

## BENEFITS & FEATURES

- Has a warm, woody and sweet aroma.
- Supports the appearance of healthy-looking skin.
- Inspires passion and promotes feelings of confidence and clarity during yoga or meditation.
- Enhances your favourite skin and hair products.



## SUGGESTED USE

- Add 1-2 drops to your daily moisturiser to promote radiant-looking skin.
- Apply over your heart or on your wrists to enjoy a warm, sultry aroma.
- Mix 2-3 drops with V-6™ Vegetable Oil Complex for a relaxing massage.
- Diffuse during meditation to promote feelings of spirituality.

## CAUTION

Keep out of reach of children. If you are pregnant, nursing, taking medication or have a medical condition, consult a health professional prior to use.

## INGREDIENTS

Santalum album† (Sacred Sandalwood)wood oil

†100% pure, therapeutic-grade essential oil

## COMPLEMENTARY PRODUCTS

- Sacred Frankincense Essential Oil *Item No. 355002*
- Manuka Essential Oil *Item No. 532202*
- Helichrysum Essential Oil *Item No. 356302*
- Patchouli Essential Oil *Item No. 360802*

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# EGYPTIAN GOLD™ ESSENTIAL OIL BLEND



## USE

Topical and aromatic

## PRODUCT SUMMARY

Egyptian Gold™ contains ancient biblical essential oils that can be used to enhance moments of devotion and reverence. This blend features an inspiring, uplifting aroma and is commonly used for spiritual wellbeing. This luxurious aromatic essential oil blend includes Frankincense, Balsam Canada, Lavender, Myrrh, Hyssop, Northern Lights Black Spruce, Cedarwood, Vetiver, Rose and Cinnamon Bark.

## BENEFITS & SUGGESTED USE

- Formulated with essential oils historically used in ancient Egypt and Europe.
- Apply topically to enjoy the skin enhancing & beautifying benefits.
- Apply an AromaGlide™ roller ball fitment and apply as an aromatic fragrance.
- Apply a few drops directly to feet and massage with V-6™ Vegetable Oil Complex.
- Diffuse during meditation or prayer to support spiritual awareness.

## CAUTION

Keep out of reach of children. If you are pregnant, nursing, taking medication or have a medical condition, consult a health care professional prior to use.



## INGREDIENTS

Boswellia carterii† (Frankincense) oil, Abies balsamea† (Balsam Canada) needle oil, Lavandula angustifolia† (Lavender) oil, Commiphora myrrha† (Myrrh) oil, Hyssopus officinalis† (Hyssop) leaf oil, Picea mariana† (Northern Lights Black spruce) leaf oil, Cedrus atlantica† (Cedarwood) bark oil, Vetiveria zizanioides† (Vetiver) root oil, Rosa damascena† (Rose) flower oil, Cinnamomum zeylanicum† (Cinnamon) bark oil

†100% pure, therapeutic-grade essential oil

## COMPLEMENTARY PRODUCTS

### 3 Wise Men™ Essential Oil Blend

Item No.  
342602



### Australian Blue™ Essential Oil Blend

Item No. 332602



### Sacred Frankincense Essential Oil Blend

Item No.  
355002



### White Angelica™ Essential Oil Blend

Item No.  
343202



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# LADY SCLAREOL™ ESSENTIAL OIL BLEND



## USE

Topical and aromatic

## PRODUCT SUMMARY

Lady Sclareol™ is an essential oil blend created especially for women to enhance the feminine nature and provide a relaxing experience when diffused. This beautiful aromatic blend is designed to be worn topically and can support a positive outlook. A seductive blend of nature's most aromatic and skin-pampering essential oils, Lady Sclareol™ also creates a beguiling and alluring perfume.

## BENEFITS & SUGGESTED USE

- Diffuse for a nurturing, soothing and calming aroma.
- Use topically to nourish and beautify the skin.
- Add to Epsom salts in a warm bath for a relaxing and soothing experience.
- Diffuse during quiet moments of reflection or to create a calming aromatic atmosphere.
- Use an AromaGlide™ fitment and wear daily as perfume.
- Add to V-6™ Vegetable Oil Complex to enjoy a peaceful and balancing foot massage.
- Add to Young Living Bath & Shower Gel Base and enjoy the calming and nurturing aroma.

## CAUTION

Keep out of reach of children. If you are pregnant, nursing, taking medication or have a medical condition, consult a health care professional prior to use.



## INGREDIENTS

Pelargonium graveolens† (Geranium) flower oil, Vetiveria zizanoides† (Vetiver) root oil, Coriandrum sativum† (Coriander) seed oil, Citrus aurantium dulcis† (Orange) peel oil, Salvia sclarea† (Clary Sage) oil, Citrus aurantium bergamia† (Bergamot) peel oil (Furanocoumarin free), Cananga odorata† (Ylang ylang) flower oil, Santalum paniculatum† (Royal Hawaiian™ sandalwood) wood oil, Salvia Lavandulaefolia† (Spanish sage) leaf oil, Jasminum officinale† (Jasmine) oil, Picea pungens† (Idaho blue spruce) branch/leaf/wood oil, Mentha spicata† (Spearmint) leaf extract, Chamaecyparis obtusa† (Hinoki) oil

†100% pure, therapeutic-grade essential oil,

\*100% pure absolute

## COMPLEMENTARY PRODUCTS

### SclarEssence™ Essential Oil

Item No. 341802



### Young Living Bath & Shower Gel Base

Item No. 375102



### V-6™ Vegetable Oil Complex

Item No. 303102



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# VALOR<sup>®</sup> ESSENTIAL OIL BLEND



## USE

Topical and aromatic

## PRODUCT SUMMARY

Valor<sup>®</sup> essential oil blend is one of our most popular products and a favourite of Founder & Chairman of the Board D. Gary Young. A truly unique blend of Black Spruce, Blue Tansy, Camphor Wood, Geranium and Frankincense, Valor<sup>®</sup> has a woody, grounding aroma that is great for massages and other topical and aromatic uses. Use it to greet each morning with a positive attitude or to refocus at the end of a challenging day.

## EXPERIENCE

Use Valor<sup>®</sup>'s invigorating aroma in the morning for an uplifting and empowering scent to approach the day. It's vivacious scent is a favourite companion to an intrepid spirit.

## PRODUCT BACKGROUND

Valor<sup>®</sup> is one of the original blends formulated by D. Gary Young and is a long-standing member favourite. Each essential oil in the blend was carefully selected for its unique aromatic and topical benefits: Frankincense for its uplifting, earthy aroma and skin-smoothing properties; Black Spruce for its grounded, woody fragrance, Blue Tansy for its inspiring aromatic profile; Geranium for its sweet, floral fragrance; and Camphor Wood for its skin-benefiting properties and strong, herbaceous scent. This powerful, synergistic blend with a transformative aroma has contributed to its strong legacy as a key part of Young Living's proprietary Raindrop Technique<sup>®</sup>.

## CAUTION

Keep out of reach of children. For external use only. Keep away from eyes and mucous membranes. If you are pregnant, nursing, taking medication or have a medical condition, consult a health care professional prior to use.

## BENEFITS AND FEATURES

- Features a spicy, sweet, positive aroma that inspires confidence and courage.
- Helps freshen the air when diffused and improves the appearance of skin when applied topically.
- Creates a grounded environment for yoga & meditation.
- Enhances massage for a rejuvenating experience.



## SUGGESTED USE

- Diffuse in the morning to jump-start a busy day with an uplifting, affirming scent.
- Combine with V-6<sup>™</sup> Vegetable Oil Complex to unwind before bed with a grounding neck or back massage.
- Refresh throughout the day by directly inhaling or massaging onto your neck, chest, hands or wrists.
- Wear as a bold, inspiring cologne or use as a top note for personalised scents.
- Add to Young Living Bath & Shower Gel Base or to a hot bath to invigorate your bath and shower routine.

## INGREDIENTS

Caprylic/capric triglyceride, Picea mariana<sup>†</sup> (Black Spruce) leaf oil, Cinnamomum camphor<sup>†</sup> (Camphor Wood) wood oil, Pelargonium graveolens<sup>†</sup> (Geranium), Tanacetum annuum<sup>†</sup> (Blue Tansy) flower oil, Boswellia carterii<sup>†</sup> (Frankincense) oil

<sup>†</sup>100% pure, therapeutic-grade essential oil

## COMPLEMENTARY PRODUCTS

- Live Your Passion<sup>™</sup> Essential Oil Blend *Item No. 576602*
- Peace & Calming<sup>™</sup> Essential Oil Blend *Item No. 339802*
- Lavender Essential Oil *Item No. 357502*
- Inspiration<sup>™</sup> Essential Oil Blend *Item No. 336602*

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# SELECT 30™ OIL COLLECTION

## PRODUCT SUMMARY

Featuring some of Young Living's most popular essential oils, the Select 30™ Oil Collection is an extensive collection you'll love to have on hand. The collection includes 30 x 5 ml bottles - 15 singles and 15 blends - all stored in a sturdy carrying case so you can easily transport your favourite essential oils wherever you go. The kit also comes with a set of bottle labels to help you quickly and easily identify your oils.

This comprehensive set is an excellent way to replenish some of your favourites and discover new must-have essential oils. Plus, it makes sharing easy and accessible and acts as a robust transport tool. Whether you want to try new essential oils or simply refresh your collection, the Select 30™ Oil Collection is a great way to infuse your life!

## THIS COLLECTION INCLUDES:

- 15 Essential Oil Singles\* (5 ml)  
*Cedarwood, Cinnamon Bark, Clove, Copaiba, Eucalyptus Blue, Frankincense, Grapefruit, Lavender, Lemon, Lemongrass, Melaleuca Alternifolia, Northern Lights Black Spruce, Orange, Oregano, Peppermint*
- 15 Essential Oil Blends\* (5 ml)  
*Abundance™, AromaEase™, Citrus Fresh™, DiGize™, EndoFlex™, En-R-Gee™, Envision™, ImmuPower™, Melrose™, PanAway®, Purification®, R.C., Sacred Mountain™, Stress Away™, Thieves®*
- Essential Oil Bottle Labels (1 set)
- 30-Oil Carrying Case

\*Essential oils may vary according to season and availability. Young Living reserves the right to substitute essential oils of equal or greater value.

## PRODUCT BACKGROUND

Young Living designed the Select 30™ Oil Collection to provide members with a robust yet affordable selection of essential oils. The carefully curated essential oil single and blend selections reflect a wide range of uses, including culinary and topical/aromatic oils.

The collection includes favourite blends such as Stress Away™, Thieves®, PanAway®, Purification® and DiGize™. In addition, the included culinary essential oils are a great way to explore cooking with essential oils such as Orange, Lemongrass, Oregano and Peppermint.



## EXPERIENCE

This carefully crafted collection of popular essential oils is a great way to try out 30 of Young Living's culinary and topical/aromatic singles and blends.

## SUGGESTED USE

For usage instructions, please refer to each product label or [YoungLiving.com/en\\_AU/discover/essential-oil-safety](http://YoungLiving.com/en_AU/discover/essential-oil-safety)

## BENEFITS & FEATURES

- Experience 30 popular Young Living essential oils.
- Transport essential oils in a convenient carrying case.
- Share essential oils with friends or clients with the case's display capabilities.
- Implement culinary essential oils into your cooking.
- Diffuse aromatic essential oil blends during meditation.
- Add to a bath or use in a massage.
- Apply to body and enjoy the beautiful fragrance.

## FREQUENTLY ASKED QUESTIONS

**Q. Are all of the components of the Select 30™ Oil Collection available for purchase separately?**

A. No, 19 of the essential oils in this collection are not available for individual sale in the 5 ml size. These essential oils are only available for individual sale as 15 ml bottles.

Essential oils not available to purchase separately in 5 ml include: Cedarwood, Clove, Grapefruit, Lavender, Lemon, Lemongrass, Melaleuca Alternifolia, Orange, Oregano, Peppermint, Abundance™, Citrus Fresh™, EndoFlex™, En-R-Gee™, ImmuPower™, Melrose™, Purification®, Stress Away™ and Thieves®.

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# ESSENTIAL OIL BOTTLE ORGANIZER

## PRODUCT SUMMARY

This essential oil display system allows you to arrange your essential oils for easy identification and storage. Designed with convenience in mind, it is customisable to your needs - whether that's to fit it in a drawer or cabinet or to create a beautiful display for all to see. Its two trays can hold 22 essential oils and can be configured to lie flat or converted into a multi-tiered standing display rack. The trays are also easy to position side by side or front to back. If you need to save space in a drawer, simply overlap the trays to reduce the width. Whatever your storage needs are, the Essential Oil Bottle Organizer is a great fit for every home.

## INCLUDES:

- 2 x Bottle trays
- 2 x Tall side panels
- 4 x Small side panels
- 4 x Adhesive pads

## EXPERIENCE

Transform chaos and clutter into a beautifully organised display with the Essential Oil Bottle Organizer. The two-tiered system can be used in a drawer or assembled to stand on a countertop or in a cupboard, making it easy to see and select your favourite essential oils.

## PRODUCT BACKGROUND

In response to consumer requests, Young Living carefully designed the Essential Oil Bottle Organizer to be an affordable, practical solution to storing oils at home. With a compact design, the plastic trays and panels can be easily assembled in a variety of configurations to instantly improve the accessibility and organisation of your essential oil collection.

## BENEFITS & FEATURES

- Tiered design improves visibility of essential oil bottle labels.
- Drawer configurations keep essential oils stable and organised without unwanted movement upon opening and closing.
- Multiple configuration options make it easy to customise the display according to your space.
- Marbled pattern finish resists staining and allows for cost-effective and aesthetic organisation.



## DIRECTIONS

### Countertop and cabinet configurations:

- **Side by side:** Slide the tabs on each of the four small side panels into the slots on the side of each tray. Position assembled trays side by side on your countertop or in your cabinet.
- **Front to back:** Attach two small side panels to each end of a tray by sliding the tabs on each panel into the slots on each side of the tray. Connect the two tall panels to the other tray in the same way. Insert the tabs on the back of the lower tray into the slots on the front of the higher tray. Position assembled trays on countertop or in cabinet.

### Drawer configurations:

- **Side by side:** Remove trays from box and place in drawer side by side.
- **Overlapping:** You can reduce the total width of the trays by overlapping them to customise their fit for a narrow drawer.
- **Front to back:** To connect trays one behind the other, insert the tabs on the back of the forward tray into the slots on the front of the rear tray.

# 140 OIL PREMIUM DISPLAY CASE



## PRODUCT SUMMARY

This handsome case does double duty as a safe place to store and carry essential oils and as a display case to use as you share essential oils with others. Our exclusive Premium Display Case holds 140 essential oils, giving you quick and easy access to your collection anywhere you go.

## EXPERIENCE

This four-panelled case unfolds so that every label can face forward from each moulded foam basin, elegantly displaying your collection. When compacted, it becomes a sleek over-the-shoulder bag.

## BENEFITS & FEATURES

- Room to store 140 essential oil bottles (124 x 5 ml bottles, including 6 spaces for 5 ml bottles with child-resistant caps, 13 x 15 ml bottles and 3 x 10 ml roll-on bottles).
- Hard-side exterior case, ideal for carrying essential oils on the go.
- Foam compartment dividers hold the bottles snugly in place.
- Compartment inserts give extra protection against bumps and jostling.
- Waterproof zipper buffers interior from the elements and keeps spills contained.
- Soft shoulder strap frees up your hands and makes carrying a breeze.
- Can be used as a standing, fully functioning display case that's perfect for sharing essential oils with others.

## DIRECTIONS

- When transporting essential oils, always place the compartment inserts on the outside panels before closing the case to protect the bottles from dislodging and breaking.
- When using as a display case, carefully lay the case on its back and unzip. Unfold each panel and remove the compartment inserts, ensuring that all the oil bottles are secure before standing the case up in the display position.

## CARE INSTRUCTIONS

- **Case exterior:** If essential oil spills on the exterior hard case, wash immediately with a soft cloth dipped in warm, soapy water.
- **Foam insert:** If essential oil spills on the foam bottle inserts, immediately wipe with a clean, soft cloth and blot to soak up as much spilled essential oil as possible.

# GARY'S TRUE GRIT™ EINKORN GRANOLA



## PRODUCT SUMMARY

Served hot or cold, Gary's True Grit™ Einkorn Granola is a great way to start your day. This tasty combination of naturally sourced grains, nuts, berries and seeds provides both simple and complex carbs to keep you going throughout the day. With crunchy clusters mixed with chewy Organic Dried Ningxia Wolfberries, this granola is perfect to pack along with you no matter where you go!

All too often, cereals or on-the-go snacks are filled with refined sugars, high-fructose corn syrup, artificial colours and artificial flavours. Instead of including these overly processed ingredients, Gary's True Grit™ Einkorn Granola is sweetened by the combination of wolfberries, cranberries, cacao nibs and coconut sugar. These sweet hints are balanced by hearty sunflower seeds, almonds, walnuts, pecans and just the right amount of sea salt.

## KEY INGREDIENTS

Gary's True Grit™ Einkorn Flour, wolfberries, cacao nibs, old-fashioned oats, sunflower seeds, cranberries, almonds, walnuts, pecans, pure vanilla, sea salt, coconut sugar and Saigon cinnamon.

## EXPERIENCE

Whether you're starting your day, reaching for an afternoon snack, or looking for a healthier option on the go, your whole family will enjoy the great taste and nutrition of Gary's True Grit™ Einkorn Granola! This delicious blend of naturally sourced ingredients is sweetened by the combination of wolfberries, cranberries, cacao nibs, dark chocolate and coconut sugar. These sweet hints are balanced by the sunflower seeds, almonds, walnuts, pecans and just the right amount of sea salt. No matter where life takes you, you'll be glad you brought Gary's True Grit™ Einkorn Granola along for the ride!

## CAUTION

Contains tree nuts (coconut, almond, walnut, pecan).

Manufactured in a facility that also processes tree nuts, peanuts, soy, milk and eggs.

Storage: Keep in a cool, dark place.



## BENEFITS & FEATURES

- A delicious, convenient snack for energy on the go.
- A combination of simple and complex carbs, including nuts, berries and seeds, for energy from naturally sourced ingredients.
- Includes a variety of nuts, berries and seeds for a delicious flavour and complex texture.
- Contains no high-fructose corn syrup, GMOs, or additional colours, flavours or preservatives.
- Includes whole-grain Einkorn flour, which contains only 14 chromosomes and is touted as one of the oldest grains.
- Includes wolfberries and cranberries, known for their antioxidant properties.
- Is a vegan formula.

## DIRECTIONS

This versatile granola can be consumed as a hot or cold breakfast cereal, by itself as a dry snack or as a topping for yoghurts and other foods.

## INGREDIENTS

Oats, sunflower oil, syrup (from fruit juice and grain dextrin), whole-grain Einkorn flour (*Triticum monococcum*), sunflower seeds, coconut sugar, cranberries, almonds, wolfberries (*Lycium barbarum*), walnuts, pecans, cacao nibs, vanilla extract, sea salt, Saigon cinnamon

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## FREQUENTLY ASKED QUESTIONS

**Q. Where are the nuts used in the granola sourced?**

A. The almonds, walnuts and pecans used in Einkorn Granola are sourced from within the United States.

**Q. What is Saigon cinnamon? Is it the same cinnamon you use to source your Cinnamon Bark essential oil?**

A. Saigon cinnamon is sourced from Vietnam and was chosen for its rich flavour and heritage. Saigon cinnamon was selected for its more pronounced flavour, aroma and its high levels of coumarin. It is not the same cinnamon we use for our Cinnamon Bark essential oil.

**Q. Is Einkorn Granola considered gluten free?**

A. No. Einkorn Granola is not considered gluten free since it contains einkorn wheat, which has gluten in it.

**Q. From what is the fruit and grain dextrin derived? What purpose does it serve in Einkorn Granola?**

A. Fruit and grain dextrin is a natural fruit juice ingredient - a healthier alternative to corn syrup. It is used as a binder for the granola.

<b>Nutrition Facts</b>	
<b>Serving Size 1/3 cup (34 g)</b>	
<b>Servings Per Container 10</b>	
Amount Per Serving	
<b>Calories</b> 150	Calories from Fat 70
% Daily Value*	
<b>Total Fat</b> 7 g	11%
Saturated Fat 1 g	5%
Trans Fat 0 g	
<b>Cholesterol</b> 0 mg	0%
<b>Sodium</b> 65 mg	3%
<b>Total Carbohydrate</b> 18 g	6%
Dietary Fiber 2 g	8%
Sugars 6 g	
<b>Protein</b> 3 g	
Vitamin A 0%	• Vitamin C 2%
Calcium 2%	• Iron 6%
*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:	
	Calories: 2,000    2,500
Total Fat	Less than 65 g    80 g
Sat. Fat	Less than 20 g    25 g
Cholesterol	Less than 300 mg    300 mg
Sodium	Less than 2,400 mg    2,400 mg
Total Carbohydrate	300 g    375 g
Dietary Fiber	25 g    30 g
Calories per gram:	
Fat 9	• Carbohydrate 4    • Protein 4

# ART® INTENSIVE MOISTURIZER

## PRODUCT SUMMARY

ART® Intensive Moisturizer is a long-lasting, ultra-hydrating cream that can help recapture the qualities of young-looking skin. Apply it each morning and night to leave your face feeling softer, more pliable and all around more radiant. This clinically tested formula is non-irritating and made of 100 percent plant-based ingredients, including pracaxi seed oil that helps even skin tone and blue bird hibiscus leaf, Physalis angulata extract and apple fruit extract to promote deep hydration and help reduce the appearance of fine lines and wrinkles. We also infused it with five therapeutic-grade essential oils: Hinoki, Royal Hawaiian™ Sandalwood, Frankincense, Cedarwood and Ylang Ylang.

## KEY INGREDIENTS

Blue bird hibiscus leaf cell extract, Physalis angulata extract, apple fruit extract, pracaxi seed oil, and Hinoki, Royal Hawaiian Sandalwood™, Frankincense, Cedarwood and Ylang Ylang essential oils.

## EXPERIENCE

With a proprietary blend of essential oils and other naturally derived ingredients, ART® Intensive Moisturizer will leave your skin feeling silky smooth and deeply hydrated.

## PRODUCT OVERVIEW

ART® Intensive Moisturizer offers an essential oil-infused solution for those looking to slow down and reduce the signs of ageing skin. With only naturally derived ingredients and therapeutic-grade essential oils, this cream offers deep hydration and nourishment without the artificial ingredients and irritating chemicals contained in many skin care products. A thicker, more moisturising option than our ART® Light Moisturizer, ART® Intensive Moisturizer penetrates deep into the skin, taking the nourishing benefits of botanical ingredients and essential oils with it.

## SUGGESTED USE

- Apply to skin as desired to rehydrate and nourish skin.
- Apply ART® Intensive Moisturizer before bed each night on a clean, dry face after using ART® Gentle Cleanser and ART® Refreshing Toner.



## BENEFITS & FEATURES

- Deep, ultra-hydrating moisturiser.
- Long-lasting cream leaves skin feeling radiant and refreshed.
- Recaptures qualities of younger-looking skin.
- Helps reduce the appearance of fine lines and wrinkles.
- Helps skin feel softer and more pliable.
- Reduces the visible signs of ageing.
- Rejuvenating.
- Pracaxi seed oil helps even skin tone and promotes deep hydration in the skin.
- Apple fruit extract increases skin hydration.
- Absorbs easily into skin.
- Has a fresh floral scent.
- Made of naturally derived ingredients.
- Clinically tested.
- Allergy tested.
- Non-irritating.
- Non-allergenic.
- Dermatologist reviewed.

## CAUTION

Do not get ART® Intensive Moisturizer in eyes. If contact occurs, flush with cool water until all product has been removed.

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## INGREDIENTS

Water, Glycerin, Coco-caprylate, Cetearyl alcohol, Glyceryl stearate, Olea europaea (olive) fruit unsaponifiables, Pyrus malus (apple) fruit extract, Astrocaryum murumuru seed butter, Diheptyl succinate, Capryloyl glycerin/sebacic acid copolymer, Pentaclethra macroloba seed oil, Benzyl alcohol (natural), Sodium stearoyl glutamate, Physalis angulata extract, Caprylic/capric triglyceride, Chamaecyparis obtusa† (Hinoki) wood oil, Sodium levulinate, Santalum paniculatum† (Royal Hawaiian™ Sandalwood) wood oil, Cedrus atlantica† (Cedarwood) wood oil, Cananga odorata† (Ylang Ylang) flower

oil, Boswellia carterii† (Frankincense) resin oil, Alcohol denat, Sodium anisate, Cyamopsis tetragonoloba (guar) gum, Hibiscus syriacus leaf cell extract, Terminalia ferdinandiana fruit extract, Xanthan gum, Sodium phytate, Sodium hyaluronate, Tocopherol, Helianthus annuus (sunflower) seed oil

†100% pure, therapeutic-grade essential oil

## FREQUENTLY ASKED QUESTIONS

### Q. When do I apply ART® Intensive Moisturizer in my skin care regimen?

A. Apply ART® Intensive Moisturizer after cleansing with ART® Gentle Cleanser and applying ART® Refreshing Toner.

### Q. How frequently should I be applying ART® Intensive Moisturizer?

A. ART® Intensive Moisturizer can be used both morning and night or just at night if you prefer to use ART® Light Moisturizer during the day.

### Q. How do I choose whether to use the ART® Light Moisturizer or ART® Intensive Moisturizer?

A. ART® Light Moisturizer is perfect to use morning and night after using ART® Gentle Cleanser and ART® Refreshing Toner. ART® Intensive Moisturizer is more moisturising than ART® Light Moisturizer, so it is a great choice for those who have normal to dry skin or those who want a heavier moisturiser at night.

### Q. Does ART® Intensive Moisturizer contain any animal products?

A. No. It is vegan friendly.

## COMPLEMENTARY PRODUCTS

### ART® Gentle Cleanser

Item No. 536102



### ART® Refreshing Toner

Item No. 536002



### ART® Light Moisturizer

Item No. 536202



### ART® Beauty Masque

Item No. 516802



# LAVENDER-OATMEAL BAR SOAP

## PRODUCT SUMMARY

With a relaxing floral scent and luxuriously creamy lather, our Lavender-Oatmeal Bar Soap leaves skin feeling soft, smooth and refreshed. Oats offer gentle exfoliation and remove excess oil, while moisturising emollients such as coconut, jojoba, palm oil and wolfberry seed oil - plus five therapeutic grade essential oils - prevent over-drying. With its 100 percent vegetable-based formula, this bar is gluten-free and vegan friendly. It's also clinically tested to be hypoallergenic and is made without synthetic dyes or colourants, parabens, petrochemicals and sulfates, so it's gentle enough for all skin types!

## KEY INGREDIENTS

Avena sativa oats, palm oil, coconut oil, jojoba oil, wolfberry seed oil, aloe leaf extract, Lavender essential oil, Coriander essential oil, Bergamot essential oil, Ylang Ylang essential oil and Geranium essential oil.

## EXPERIENCE

This fragrant bar creates a creamy lather on the skin while offering gentle exfoliation, leaving skin feeling clean and soft.

## PRODUCT OVERVIEW

Lavender essential oil is steam-distilled from the flowering tops of the *Lavandula angustifolia* plant. The English word "lavender" is thought to be derived from the Latin words *lividus* meaning "livid, bluish" (referring to the colour of the plant) and *lavare* meaning "to wash." (Lavender was used historically to perfume baths and laundry.) Lavender has a sweet, floral aroma that is comforting and calming. Our Lavender-Oatmeal Bar Soap has also been formulated with finely ground Avena sativa oat bran for gentle exfoliation.

## SUGGESTED USE

- Wet bar and work into a lather.
- Apply lather to all desired areas of the body.
- Rinse with water.

## CAUTION

Do not get Lavender-Oatmeal Bar Soap in eyes. If contact occurs, flush with cool water until all product has been removed.



## BENEFITS & FEATURES

- 100 percent vegetable-based formula.
- Gentle formula is suitable for all skin types.
- Cleanses skin without over-drying.
- Creates a creamy lather with a calming and relaxing scent.
- Provides natural, gentle exfoliation with oat bran.
- Soothes with aloe barbadensis leaf.
- Leaves the skin feeling soft and supple.
- Formulated without parabens, phthalates, petrochemicals, glycols, sulfates, synthetic dyes or colourants, EDTA or animal-derived ingredients.
- Infused with five therapeutic-grade essential oils: Lavender, Coriander, Bergamot, Ylang Ylang and Geranium.
- Clinically tested.
- Allergy tested.
- Hypoallergenic.

## INGREDIENTS

Sodium palmate, Sodium cocoate, Water, Glycerin, Avena sativa (oat) kernel flour, Olea europaea (olive) fruit oil, Lavandula angustifolia<sup>†</sup> (Lavender) herb oil, Sodium citrate, Caprylic/capric triglyceride, Coriandrum sativum<sup>†</sup> (coriander) seed oil, Avena sativa (oat) bran, Citrus aurantium bergamia<sup>†</sup> (Bergamot) peel oil (Furanocoumarin free), Simmondsia chinensis<sup>†</sup> (Jojoba) seed oil, Lycium barbarum (wolfberry) seed oil, Avena sativa (oat) kernel meal, Aloe barbadensis leaf extract, Rosmarinus officinalis<sup>†</sup> (Rosemary) leaf extract, Cananga odorata<sup>†</sup> (Ylang Ylang) flower oil, Pelargonium graveolens<sup>†</sup> (Geranium) flower oil

<sup>†</sup>100% pure, therapeutic-grade essential oil

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# SHUTRAN™ BAR SOAP

## PRODUCT SUMMARY

Shutran™ Bar Soap has a clean, woody fragrance and a creamy lather that leaves skin soft, smooth and refreshed. Formulated especially for men, but great for the whole family to use, this 100 percent plant-based bar soap contains naturally derived botanical ingredients and Young Living's exclusive Shutran™ essential oil blend to cleanse skin without over-drying. Our unique addition of activated carbon contributes to the rich grey colour of the soap and offers deodorising properties. Made without synthetic dyes or colourants, parabens, petrochemicals and sulfates, Shutran™ Bar Soap is vegan friendly and gentle enough for all skin types.

## KEY INGREDIENTS

Shutran™ essential oil blend, olive oil, shea butter, wolfberry seed oil, jojoba oil, activated carbon

## EXPERIENCE

Shutran™ Bar Soap has a creamy lather and a masculine, woody scent from Shutran™ essential oil blend. Activated carbon gives it a distinct grey colour and a deodorising boost.

## PRODUCT BACKGROUND

Our proprietary Shutran™ essential oil blend is a unique combination of Northern Lights Black Spruce, Cedarwood, Ocotea, Lavender and other pure essential oils specifically designed to provide an empowering scent for men, free from synthetic ingredients found in traditional colognes. Shutran™ Bar Soap combines this masculine essential oil blend with other naturally derived ingredients, including activated carbon, in a cleansing bar created specifically for men.

## DIRECTIONS

- Wet bar and work into a lather.
- Apply lather to desired areas of the body to cleanse skin.
- Rinse thoroughly with water.

## CAUTION

Keep out of reach of children. For external use only. Keep away from eyes and mucous membranes.



## BENEFITS & FEATURES

- 100 percent plant-based formula with no synthetic ingredients.
- Cleanses skin without over-drying.
- Creates a creamy lather with a clean, woody scent.
- Contains activated carbon, which contributes to the rich grey colour of the soap and offers deodorising properties.
- Soothes with aloe leaf.
- Suitable for all skin types.
- Leaves the skin feeling soft and smooth.
- Formulated without parabens, phthalates, petrochemicals, glycols, sulfates, synthetic dyes or colourants, EDTA or animal-derived ingredients.
- Formula is vegan friendly.

## INGREDIENTS

Sodium palmate, Sodium palm kernelate, Water, Glycerin, Olea europaea (Olive) fruit oil, Butyrospermum parkii (Shea) butter, Picea pungens† (Idaho blue spruce) branch/leaf/wood oil, Sodium gluconate, Cananga odorata† (Ylang ylang) (Ecuador) flower oil, Ocotea quixos† (Ocotea) leaf oil, Chamaecyparis obtusa† (Hinoki) oil, Lycium barbarum (Wolfberry) seed oil, Simmondsia chinensis (Jojoba) seed oil, Artemisia pallens† (Davana) flower oil, Cedrus atlantica† (Cedarwood) bark oil, Lavandula angustifolia† (Lavender) oil, Coriandrum sativum† (Coriander) seed oil, Citrus limon† (Lemon) peel oil, Carbon, Picea mariana† (Northern Lights black spruce) leaf oil, Aloe barbadensis leaf extract, Rosmarinus officinalis† (Rosemary) leaf extract

†100% pure, therapeutic-grade essential oil

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# LAVENDER BATH & SHOWER GEL

## PRODUCT SUMMARY

Relax your body and rejuvenate your mind with nature's finest Lavender Bath & Shower Gel. All-natural ingredients work to refresh and condition your skin as you unwind from your busy day. Infused with pure Lavender essential oil, Lavender Bath & Shower Gel cleanses, soothes and relaxes your skin. It is free of chemicals and synthetic preservatives and contains plant-based ingredients such as coconut oil and star anise.

## KEY INGREDIENTS

Lavender, Lemon, Myrrh and Rosemary essential oils.

## SUGGESTED USE

- Pour directly into the water for a luxurious bubble bath.
- Drop a small amount onto a bath sponge, lather and then rinse.
- To continue your lavender experience, apply Young Living's Lavender Hand & Body Lotion after your bath.

## BENEFITS

- Soothes skin.
- Relaxing and rejuvenating.

## CAUTION

Keep away from eyes and mucous membranes. Keep out of reach of children.



## INGREDIENTS

Sodium Methyl Cocyl Taurate, Sodium Lauramphoacetate, water, Lauramidopropyl Betaine, Sodium Chloride, Glycerin, Levulinic Acid, p-Anisic Acid, Hydroxypropyl Methylcellulose, Lavandula Angustifolia<sup>†</sup> (Lavender) Oil, Citrus Limon<sup>†</sup> (Lemon) Peel Oil, Camiphora Myrrha<sup>†</sup> (Myrrh) Oil, Artemisia Pallens<sup>†</sup> (Davana) Oil, Citric Acid, Potassium Sorbate, Sodium Astrocaryum Murmururate, Sea Salt, Rosmarinus Officinalis<sup>†</sup> (Rosemary) Extract, Phytic Acid

<sup>†</sup>100% pure, therapeutic-grade essential oil

## COMPLEMENTARY PRODUCTS

**Lavender Hand & Body Lotion**  
Item No. 520102



**Lavender Mint Daily Shampoo**  
Item No. 5191121



**Lavender Mint Daily Conditioner**  
Item No. 5192121



**Genesis™ Hand & Body Lotion**  
Item No. 370602



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# HEALTHY HOME PREMIUM STARTER KIT



## PRODUCT SUMMARY

This Premium Starter Kit is ideal for those wishing to replace harmful chemicals in their home with powerful natural alternatives.

### INCLUDES:

- 8 x Thieves products
  - Thieves® AromaBright Toothpaste 114 g
  - Thieves® Cleansing Bar Soap 100 g
  - Thieves® Dental Floss 50 m
  - Thieves® Dish Soap 355 ml
  - Thieves® Foaming Hand Soap 236 ml
  - Thieves® Fresh Essence Mouthwash 236 ml
  - Thieves® Household Cleaner 426 ml
  - Thieves® Spray 29.5 ml
- 1 x DewDrop™ Diffuser
- 5 x 5 ml essential oils
  - Lavender 5 ml
  - Lemon 5 ml
  - Peppermint 5 ml
  - Purification® 5 ml
  - Thieves® 5 ml
- Standard BSK Contents
  - Stress Away™ 5 ml
  - 1 x AromaGlide™ Roller Fitment
  - Thieves® Waterless Hand Purifier 29.5 ml
  - 10 x Love It? Share It! Business Cards
  - 10 x Love It? Share It! Oil Bottles
  - 2 x NingXia Red® Sachets
  - Product Guide & Price List
  - Member Resource Materials
  - Thieves® Brochure

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# CULINARY OILS PREMIUM STARTER KIT

YOUNG LIVING<sup>®</sup>  
ESSENTIAL OILS

AVAILABLE END JULY



## PRODUCT SUMMARY

In an effort to inspire individuals to live a life of wellness, purpose and abundance, Young Living Essential Oils is promoting the use of nature's living energy, essential oils in daily cooking. Essential oils are known for their life-enhancing properties, and can improve the body, mind and spirit. Whether you use Young Living culinary essential oils in food or in beverages, you will feel their benefits.

The Essential Lifestyle recipe book, included in this kit, has been created using favourite recipes provided by Young Living members and staff.

## INCLUDES:

- 10 x 5 ml culinary essential oils
  - Basil 5 ml
  - Black Pepper 5 ml
  - Cinnamon Bark 5 ml
  - Lavender 5 ml
  - Lemon 5 ml
  - Nutmeg 5 ml
  - Oregano 5 ml
  - Orange 5 ml
  - Peppermint 5 ml
  - Thyme 5 ml
- 1 x YL Cookbook: Essential Lifestyle
- Standard PSK Contents
  - Stress Away™ 5 ml
  - 1 x AromaGlide™ Roller Fitment
  - Thieves® Waterless Hand Purifier 29.5 ml
  - 10 x Love It? Share It! Business Cards
  - 10 x Love It? Share It! Oil Bottles
  - 2 x NingXia Red® Sachets
  - Product Guide & Price List
  - Member Resource Materials

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# CULINARY OILS BASIC STARTER KIT

AVAILABLE END JULY



## INCLUDES:

- 2 x 5 ml culinary essential oils
  - Orange 5 ml
  - Lemon 5 ml
- Standard BSK Contents
  - Stress Away™ 5 ml
  - AromaGlide™ Roller Fitment
  - Thieves® Waterless Hand Purifier 29.5 ml
- 10 x Love It? Share It! Business Cards
- 10 x Love It? Share It! Oil Bottles
- 2 x NingXia Red® Sachets
- Product Guide & Price List
- Member Resource Materials

# CULINARY OILS ESSENTIAL REWARDS KIT



## PRODUCT SUMMARY

Experience healthy cooking for the body, mind and soul with the Culinary Oils Essential Rewards Kit. Discover the benefits of incorporating essential oils into your daily diet!

## INCLUDES:

- 10 x 5 ml culinary essential oils
  - Basil 5 ml, Black Pepper 5 ml, Cinnamon Bark 5 ml, Lavender 5 ml, Lemon 5 ml, Nutmeg 5 ml, Oregano 5 ml, Orange 5 ml, Peppermint 5 ml, Thyme 5 ml

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We take the stewardship of our planet seriously. Our state-of-the-art production process brings you the purest oils on Earth.

We call it  
**SEED TO SEAL**<sup>®</sup>

*It's not a slogan—it's our calling.*

A handwritten signature in black ink, appearing to read 'D. Young'.

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Call 1300 AU YLEO (1300 28 9536) or visit [YoungLiving.com.au](http://YoungLiving.com.au)



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AUSTRALIA

Member

*Envision Your Future*

